

Results



Top 1 10K (male)

Pos	Athlete	Race	Sex	Age	Bib#	Chip Time
1	ADAM LESTON	10K	M	44	4857	0:42:03

10K 15-19 (male)

Pos	Athlete	Race	Sex	Age	Bib#	Chip Time
1	RYAN GROESCHEL	10K	M	18	4836	1:04:47

10K 20-24 (male)

Pos	Athlete	Race	Sex	Age	Bib#	Chip Time
1	NICHOLAS BRAZELL	10K	M	24	4776	0:56:54

10K 30-34 (male)

Pos	Athlete	Race	Sex	Age	Bib#	Chip Time
1	STEVEN KELLER	10K	M	31	5460	1:10:29
2	JASON RAINES	10K	M	30	5373	1:11:01

10K 35-39 (male)

Pos	Athlete	Race	Sex	Age	Bib#	Chip Time
1	ASLANI SORDOUSH	10K	M	38	4985	0:52:45
2	RON SHANSON	10K	M	36	5349	1:23:23

10K 45-49 (male)

Pos	Athlete	Race	Sex	Age	Bib#	Chip Time
1	GREG RUSHING	10K	M	49	4823	0:49:29
2	JEFF FREITAG	10K	M	46	5272	0:55:36

10K 55-59 (male)

Pos	Athlete	Race	Sex	Age	Bib#	Chip Time
1	DOUGLAS MICHELE TURCO	10K	M	58	5396	0:52:47
2	RONALD ROMERO	10K	M	55	4880	1:07:09

10K 65-69 (male)

Pos	Athlete	Race	Sex	Age	Bib#	Chip Time
1	JIM COURTNEY	10K	M	67	4893	1:04:14
2	ROY BISHOP	10K	M	67	4777	1:15:03

Top 1 10K (female)

Pos	Athlete	Race	Sex	Age	Bib#	Chip Time
1	ASHA PUMPHREY-BUSH	10K	F	31	4907	0:42:06

10K 20-24 (female)

Pos	Athlete	Race	Sex	Age	Bib#	Chip Time
1	MEGEN RAPP	10K	F	24	4961	0:43:10
2	CAITLIN THOMSON	10K	F	24	5352	0:56:53
3	KARISSA BRUNETTE	10K	F	23	5459	1:10:28

10K 25-29 (female)

Pos	Athlete	Race	Sex	Age	Bib#	Chip Time
1	AMANDA LARSEN	10K	F	27	4790	0:48:56
2	BECKY VEVEA	10K	F	29	5378	0:58:09
3	KRISTEN SWOBODA	10K	F	29	5361	1:04:19

Results



10K 25-29 (female)

Pos	Athlete	Race	Sex	Age	Bib#	Chip Time
4	CANDACE RAINES	10K	F	26	5372	1:11:01

10K 30-34 (female)

Pos	Athlete	Race	Sex	Age	Bib#	Chip Time
1	SEIDEMANN MEGAN	10K	F	33	4990	0:43:32
2	HEIDI GEISENHOFF	10K	F	32	5287	0:46:56
3	WITTIG LAUREN	10K	F	33	4988	0:52:07
4	LAURA SCHNEIDER	10K	F	30	5449	0:53:53
5	KATHERINE ROSE	10K	F	30	4784	1:05:40
6	MALLORY MARKHAM	10K	F	30	5439	1:06:31

10K 35-39 (female)

Pos	Athlete	Race	Sex	Age	Bib#	Chip Time
1	CHRISTINE DURIS	10K	F	38	5344	0:57:26
2	COLLEEN VERDONSCHOT	10K	F	37	5302	1:15:39

10K 40-44 (female)

Pos	Athlete	Race	Sex	Age	Bib#	Chip Time
1	ANNEMIEKE HYTINEN	10K	F	43	5463	0:57:26
2	KATHLEEN WATSON	10K	F	40	5320	0:57:27
3	LYNN SHIMETZ	10K	F	40	5411	0:58:30
4	TARA FERRIS	10K	F	44	5390	0:58:30
5	PJ RUSHING	10K	F	42	4822	1:02:10
6	RENAE ALDANA	10K	F	44	4835	1:04:46
7	JAMALA NILSEN	10K	F	44	4840	1:09:35

10K 45-49 (female)

Pos	Athlete	Race	Sex	Age	Bib#	Chip Time
1	LISA HUCK	10K	F	49	5263	0:56:05