



Thank you for participating in the Adrenaline Run. We know there are a lot of events in your neck of the woods and we appreciate you attending an event in our neck of the woods.



Volunteers Needed

If you, your group, or the neighbor kid has an interest in volunteering, we would greatly appreciate the assistance. Sign up [HERE](#).

Medical Emergencies

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist.

There is an automated external defibrillator (AED) and first aid kit located on the timing trailer, in the medical tent and on a remote vehicle.

Location

The start line is BEHIND the River Shores/Cast Iron Residential Complex located at 705 Village Green Way.

Packet Pickup

Race day
7-8 am
611 Veteran's Avenue
West Bend

Packet Pickup FAQ

- Can I pick up another person's packet? Yes
- Do I need an ID? No way
- Can I register at packet pickup? Yep
- Do you accept cash, checks or credit cards? You betcha

Schedule

8:00 am half marathon start

8:10 am 1/4 marathon start

8:20 am 5K run / walk start

Awards

Trophies will be presented following the race for the top Male and Female finishers. Medals will be presented for the top three individuals in each age division for all races. Finisher medals and t-shirts will be provided for all participants including 5K run/walk participants

Timing

The race is chip timed Silver Circle Sports Events with a chip start. Your time will begin when you cross the start line and concludes when you cross the finish line. Please make sure your bib is on the front of your body and visible to our staff.

[Instructions on bib placement.](#)

Course Info

All distances start and finish at the same locations. The courses are an out and back with the last mile circling the river. Look for 5K, quarter and half turn her signs. They are three feet tall and will be located in the middle of the path.

Open Road

This event crosses public roads and all runners must yield to traffic.

Aid Stations

There will be water, Gatorade and GU at the aid stations. A restroom is located at the third aid station.

Trail & Commerce (1.5 & 11)

Trail & Sleepy Hollow (2.25 & 10)

Trail & Highway H (5.5 & 6.75)

Riverview Parkway Park



Restrooms

Restrooms are available near the start/finish line and the third aid station.

Social Media

Last minute updates, photos, videos and results all get posted here first.



Weather

The event will be held unless severe weather occurs. In the event of severe weather, the race director may delay or cancel the event. Please watch social media for any weather notices.

Got questions?

Let us know at info@silvercirclesportsevents.com