

Beer Garden 5K

Thursday, July 16, 2020



Race Day Instructions

A Message From Our Race Director

Hey, Runners! Our staff has been working on a social distancing plan for 3 months. It has taken a very long time to convince municipalities we can hold in-person events in a safe manner. While we don't necessarily like some of the requirements, we must follow them to keep people safe and to continue to obtain permits. I ask that you follow them exactly as outlined. We never know who will be there monitoring our plan, but there will be someone. If we don't follow the plan, then future permits could be pulled, and we will be back to virtual running.

Thank you,
Sean K. Osborne

WISCONSIN'S LEADER IN ENDURANCE EVENTS

**SILVER CIRCLE
SPORTS EVENTS**

silvercirclesportsevents.com

Thank you for participating in a Silver Circle Sports Event. We know there are a lot of events in your neck of the woods and we appreciate you attending an event in our neck of the woods.

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Covid Screening Questions

Be prepared to respond to Covid screening questions at Packet Pickup.

Have you had any or do you currently have any of the following symptoms that you cannot attribute to another health condition?

Answer “Yes” or “No” to each question. Do you have:

- Fever or feeling feverish?
- Chills?
- A new cough?
- Shortness of breath?
- A new sore throat?
- New muscle aches?
- New headache?
- New loss of smell or taste?

If you answered “Yes” to any of the above, you should leave immediately, stay away from other people, and contact your health care provider.

Volunteers Needed!

If you, your group, the neighbor kid, or your mother-in-law has an interest in volunteering, we would greatly appreciate the assistance! All volunteers can run a future race for free. Sign up [HERE](#).



Location

Menomonee Park

Picnic Area 2

W220 N7884 Town Line Rd
Menomonee Falls, WI 53051

Parking

Parking is available throughout the park.

Schedule

Race Day – Thursday, July 16th

6:00pm-6:30pm Packet pickup (After packet pickup, please return to your car OR self-distance)

6:20pm Self stage

6:30pm First wave starts

Packet Pickup FAQs

Can I pick up another person's packet? Yes!

Do I need an ID? No way!

Can I register at packet pickup? Yep!

Bring your QR code - it's on your receipt!

Course Info

Social Distancing

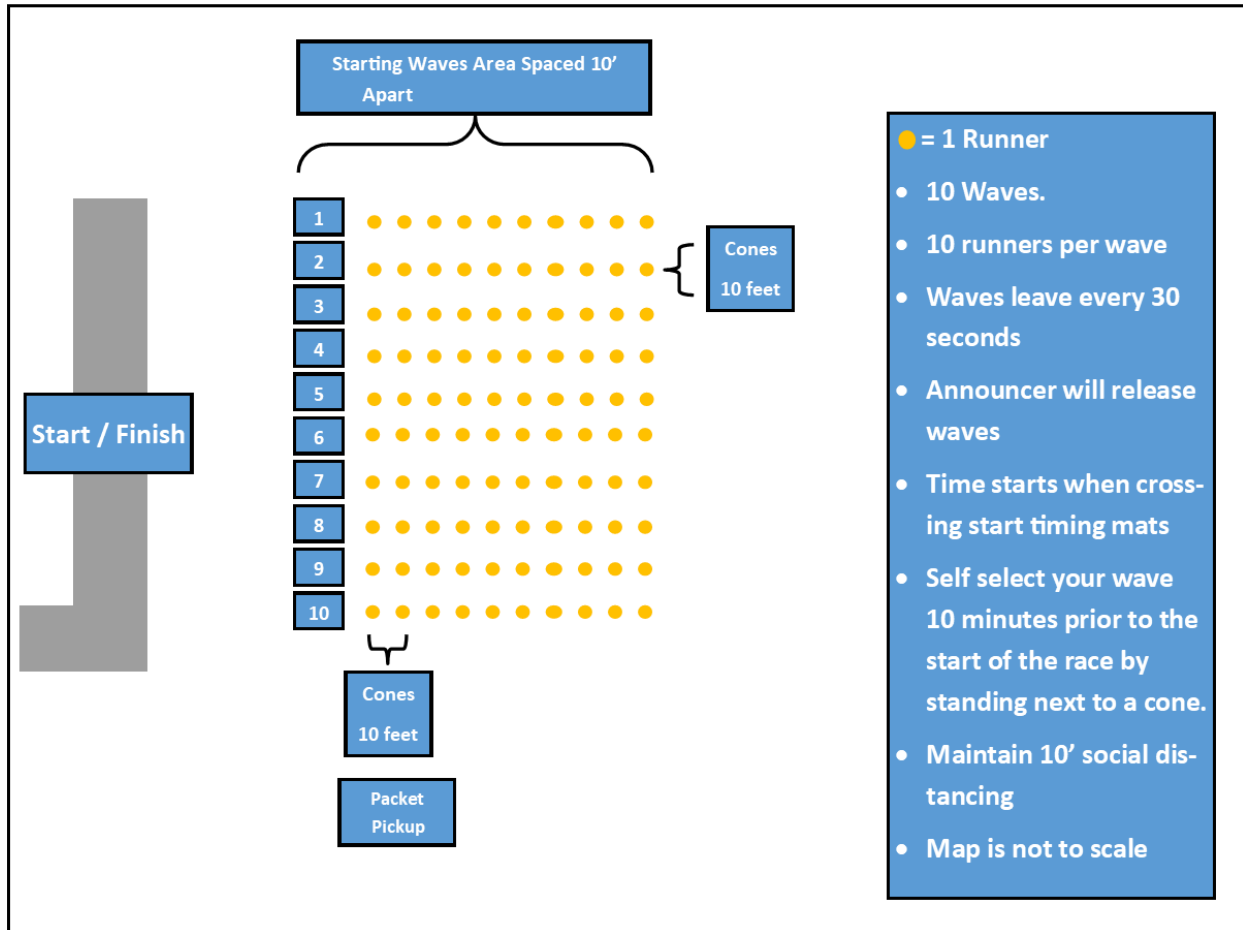
At all times, please maintain a 10' social distance from fellow runners.

Waves

This is a wave start. Waves are comprised of 10 runners. We will have 10 rows of 10 cones, spaced 10' apart. You can self-select which wave you would like to run in by standing next to a cone facing the start

line. We suggest faster runners towards the front and request you do not self-select your wave until 10 minutes before the start of the race.

The announcer will release one wave every 30 seconds starting at 6:30pm. Your time will not start until you cross the mat. We encourage each wave of runners to self-distance as they approach the start mats.



Start Line & Finish line

The start/finish line is on the path next to packet pickup and will be marked with start flags. Please do not cross the start line until your wave is released. After crossing the start line, turn right onto the path and follow the arrows.

Once you finish, we ask that you leave the area immediately. Please do not wait at the finish line for someone to finish.

It is a huge park, so please maintain 6' of distance at all times when not running.

Course Marking

The course will be marked with arrows and cones.

Aid Stations

There is no water on the course or at the finish line. **You should bring your own water.**

Restrooms

Restrooms are available at the park and should be open. There are restrooms throughout the park and we recommend stopping at those since they will not be as busy as the ones near the start/finish line.

Awards

Sorry, we will not have an awards ceremony. If we can get results uploaded quick enough, you will be able to pick up medals on-site. Please check the [race website for results](#). When you pick up your medal, please show staff your results so we can expedite the process.

Custom medals for first – third place.
0-14, then 5 year increments up to 90.

Miss Your Award?

Medals can be picked up at our office the Tuesday following the event.
2911 N Dousman, Suite 3
Oconomowoc, WI 53066
They are located in front of the northern entrance door in a black bin.

If you would like it mailed, you can order it to be shipped [here](#).

Timing

The race is chip timed by Silver Circle Sports Events with a chip start. Your time will begin when you cross the start line and conclude when you cross the finish line. Please make sure your bib is on the front of your body and visible to our staff.

[Instructions on bib placement.](#)

Medical Emergencies

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist. If you have [symptoms of Covid-19](#), please go to the medical tent and self-isolate.

There is an automated external defibrillator (AED) and first aid kit located on the timing trailer.

Weather

The event will be held unless severe weather occurs. In the event of severe weather, we will make an announcement to seek shelter and clear the area. All staff will also evacuate the area and will not return until the weather clears. We ask that you not return until we have made an all-clear announcement. Weather updates will be posted on Facebook.



Social Media

Last minute updates, photos, videos, and results all get posted here first:



Referrals, Deferrals, and Exchanges

At registration checkout, you will be given the option to share to Facebook that you've registered for a super fun event with SCSE! For every 3 people you get to register for the same event using your unique link, you'll get \$10 back from your registration.

On your emailed registration receipt, there will be a registration link that you can forward to your friends to let them know they should join you on your next adventure! For every 3 friends you get to register for the event using your unique email link, you'll get \$10 back on your registration!

More info about [referrals, deferrals, and exchanges](#).

Got questions?

Let us know at info@silvercirclesportsevents.com.

#TeamSCSE

Welcome to #TeamSCSE. The running team with no requirements, no fees, and no forms to fill out. We are a group of people who just like to run. Team SCSE is an all-inclusive running team that prides itself on camaraderie and helping each other achieve running goals. We have a range of runners on the team, from beginners to elites and everything in between. If you're interested in joining the team, [contact us](#).



Upcoming Beer Garden 5K Events

[July 23 Minooka Park](#)

[July 30 Fox River Park](#)

[August 27 Minooka Park](#)

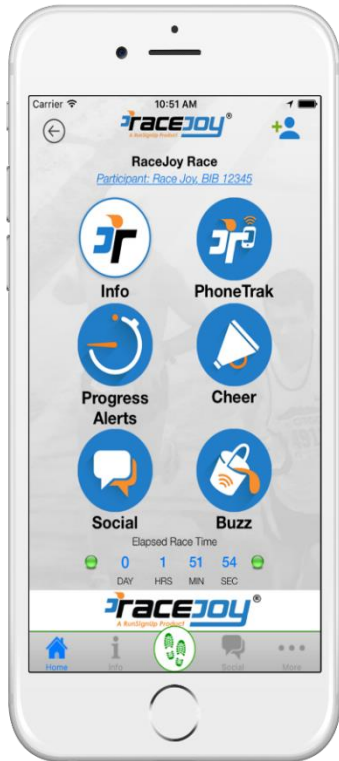
[Full event schedule](#)



Are you involved with an event and need help with management, equipment rental, timing, or marketing? If it is event related, we do it.

[Contact us](#) to discuss your event or obtain a quote.

Download RaceJoy to Add to Your Race Experience!



Live Phone Tracking!

GPS Based Progress Alerts!

Cheer Sending!

and so much more...



Share your race
experience with
friends and
family!



[Download RaceJoy](#)

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