Bucks & Does

Saturday, November 18, 2023



Race Day Instructions



Thank you for participating in a Silver Circle Sports Event. We know there are a lot of events in your neck of the woods and we appreciate you attending an event in our neck of the woods.

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Volunteers Needed – We are super short on volunteers!

If you, your group, the neighbor kid, or your mother-in-law has an interest in volunteering, we would greatly appreciate the assistance! All volunteers can run a future race for free. Sign up HERE.



Location

Nashotah Park – Picnic Area 1

W330N5113 County Road C Nashotah, WI

Parking

Parking is available at the parks. There is a \$6.00 county park day pass, or an annual pass required. Both the annual pass and daily pass must be <u>purchased online</u> **BEFORE** the event. There is NO in person payment available.

Parking is available at the Family Picnic Area adjacent to Reserved Picnic Area 1. It is on the south side of the park. This is where registration, check in, and the Start/Finish Line are located. There is additional parking at Picnic Area 2. Please do NOT park in the dog walk area or you will be ticketed.

Schedule

Race Day – Saturday, November 18, 2023

8:00am Packet Pickup 8:45am Kiddos 1K 9:00am All distances start

Packet Pickup FAQs

Can I pick up another person's packet? Yes Do I need an ID? No way Can I register at packet pickup? Yep! Bring your QR code (it's on your receipt)

Course Info

Restrooms

Restrooms are available at the pavilion in Picnic Area 1, near registration and the Start/Finish Line. There are additional bathrooms at all the other picnic areas.

Course Marking and Closures

The entire course will be marked with signs and arrows. ALL of the courses will be on wide trails. There are NO road crossings and you will not be on a small side trail. You will never turn without the corner being marked with signs.

5K - 1 lap inside - 3.21 miles

10K - 2 laps inside - 6.42 miles

Half - 2 laps outside, one lap inside - 13.03 miles

Inside course loop map | Outside course loop map

We are running the course in the opposite direction that we normally run at Nashotah.

The inside loop/outside loop split is shortly after mile 1. Outside loop runners will go straight and inside loop runners will turn left. The two courses merge again at mile 4ish.

We will have a timing mat on the course tracking laps, but it is the athlete's responsibility to keep track of their individual lap count on course.

Do not cross the Finish Line until you have completed ALL laps.

Aid Stations

There will be one aid station on course that you will pass twice on each lap. It will have water and Gatorade. The aid station may be self-serve at times. You are also welcome to drop a bag anywhere on course.

Switching Distances

You can change distances prior to the event by letting our registration staff know or you can do it by going to runsignup.com, profile, select the race, then switch events. If you decide to change distances while running, let our timing staff know when you cross the Finish Line.

Awards

All finishers receive a finisher medal. Custom age group medals for first – third place. 0-14, then 5 year increments up to 90.

Miss Your Award?

Medals can be picked up at our office the Tuesday following the event. 1327 Wall Street, Suite B Oconomowoc, WI 53066

They are located in front of the western entrance door in a black bin. If you would like it mailed, you can order it to be shipped here.

Timing

The race is chip timed by Silver Circle Sports Events with a chip start. Your time will begin when you cross the Start Line and conclude when you cross the Finish Line. Please make sure your bib is on the front of your body and visible to our staff.

Instructions on bib placement.

Medical Emergencies

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist. If you have symptoms of Covid-19, please go to the medical tent and self-isolate.

There is an automated external defibrillator (AED) and first aid kit located on the timing van.



The event will be held unless severe weather occurs. In the event of severe weather, we will make an announcement to seek shelter and clear the area. All staff will also evacuate the area and will not return until the weather clears. We ask that you not return until we have made an all-clear announcement. Weather updates will be posted on Facebook.

Social Media

Last minute updates, photos, videos, and results all get posted here first:







Referrals, Deferrals, and Exchanges

At registration checkout, you will be given the option to share to Facebook that you've registered for a super fun event with SCSE! For every 3 people you get to register for the same event using your unique link, you'll get \$10 back from your registration.

On your emailed registration receipt, there will be a registration link that you can forward to your friends to let them know they should join you on your next adventure! For every 3 friends you get to register for the event using your unique email link, you'll get \$10 back on your registration!

More info about <u>referrals</u>, <u>deferrals</u>, and <u>exchanges</u>.

Got questions?

Let us know at info@silvercirclesportsevents.com.

#TeamSCSE

Welcome to #TeamSCSE. The running team with no requirements, no fees, and no forms to fill out. We are a group of people who just like to run. Team SCSE is an all-inclusive running team that prides itself on camaraderie and helping each other achieve running goals. We have a range of runners on the team, from beginners to elites and everything in between. If you're interested in joining the team, contact us.





Are you involved with an event and need help with management, equipment rental, timing, or marketing? If it is event related, we do it!

Contact us to discuss your event or obtain a quote.