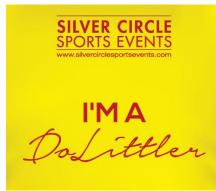
DoLittle Race Weekend Saturday, September 5, 2020 &

Sunday, September 6, 2020



Race Day Instructions

A Message From Our Race Director

Hey, Runners! Our staff has been working on a social distancing plan for 3 months. It has taken a very long time to convince municipalities we can hold in-person events in a safe manner. While we don't necessarily like some of the requirements, we must follow them to keep people safe and to continue to obtain permits. I ask that you follow them exactly as outlined. We never know who will be there monitoring our plan, but there will be someone. If we don't follow the plan, then future permits could be pulled, and we will be back to virtual running.

Thank you, Sean K. Osborne

WISCONSIN'S LEADER IN ENDURANCE EVENTS



Thank you for participating in a Silver Circle Sports Event. We know there are a lot of events in your neck of the woods and we appreciate you attending an event in our neck of the woods.

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Covid Screening Questions

Be prepared to respond to Covid screening questions at Packet Pickup.

Have you had any or do you currently have any of the following symptoms that you cannot attribute to another health condition?

Answer "Yes" or "No" to each question. Do you have:

- □ Fever or feeling feverish?
- Chills?
- \Box A new cough?
- □ Shortness of breath?
- □ A new sore throat?
- □ New muscle aches?
- □ New headache?
- □ New loss of smell or taste?

If you answered "Yes" to any of the above, you should leave immediately, stay away from other people, and contact your health care provider.

Face Coverings

Based on our current permits, *face coverings are now required at events*. Here is how it works:

Anyone in the "arena" is required to wear a face covering. The arena is defined as anywhere other than on the race course. This includes registration, packet pickup, parking areas, finish line, start line, restrooms, beer line, medal line, anywhere near other people. If you are within 10' of anyone, at any time, a face covering is required.

Once you are on course, face coverings do not need to be worn, provided you are at least 10 feet from another person. At the start, you are spaced 10' from others - we strongly encourage you to keep that distance. If you need to pass, call out "on your left" and move as far left as you can. Once you have passed a runner and you are at least 10' in front of them, move back to the right.

We encourage runners to consider using running buffs while running near others. Buffs are available on our <u>merchandise website</u>.

When you cross the finish line, please move outside of the arena for your cool down. Once your cool down is complete, a face covering is again required.

If we want to keep running in person events together (and we do!), it is imperative that we exceed our permit requirements. Waukesha County is one of the few places in America that is open to in person events. It is up to our running community to prove that we can hold events safely.

Volunteers Needed – We are super short on volunteers!

If you, your group, the neighbor kid, or your mother-in-law has an interest in volunteering, we would greatly appreciate the assistance! All volunteers can run a future race for free. Sign up <u>HERE</u>.



Location

Roosevelt Park

630 S. Main Oconomowoc, WI 53066

Parking

The parking lot is CLOSED due to construction. You will want to park along W. Jefferson, S. Main, S. Worthington or S. State St.

Schedule

Early Packet Pickup

Friday September 4, 2020 4:00pm-5:00pm Silver Circle Sports Events, LLC 2911 N. Dousman, Suite 3 Oconomowoc, WI 53066

Race Day - Saturday, September 5

7:15am Packet pickup 8:00am Start

Race Day - Sunday, September 6

Half marathon and full marathon only 6:15am Packet pickup 7:00am Half & full start 1:00pm course cutoff

Packet Pickup FAQs

Can I pick up another person's packet? Yes Do I need an ID? No way Can I register at packet pickup? Yep! Bring your QR code (it's on your receipt)

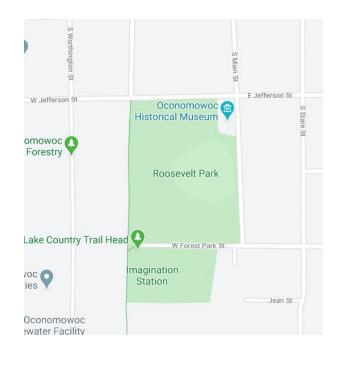
Course Info

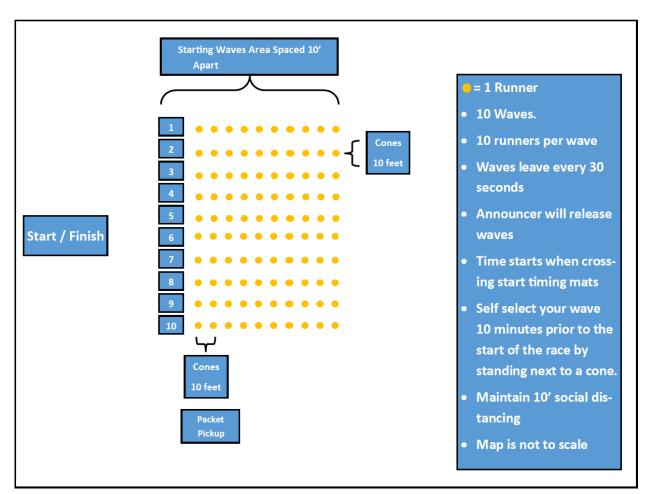
Social Distancing

At all times, please maintain a 10' social distance from fellow runners.

Waves

This is a wave start. Waves are comprised of 10 runners. We will have 10 rows of 10 cones, spaced 10' apart. You can self-select which wave you would like to run in by standing next to a cone facing the start line. We suggest faster runners in the first few rows and request you do not self-select your wave until 10 minutes before the start of the race.





The announcer will release one wave every 30 seconds.

Restrooms

Restrooms are available at the start/finish line and bag drop zone.

Course Marking and Closures

The entire course will be marked with signs and arrows. This is an out and back on the paved Lake Country Trail. There are two road crossings so please watch for traffic as there may not be police officers at intersections.

The 5K will turn before Silver Lake Street. You will know where to turn around because there will be a 3-foot-tall sign that says "5K Turn Here".

The 10K will turn south right before Hwy 67. The turn is before Valley Road. You will know where to turn around because there will be a 3-foot-tall sign that says "10K Turn Here".

The half and full courses turn before Valley Road. You will know where to turn because, well, you should know by now.

Aid Stations

Because we cannot guarantee a touch-free aid station, there are no aid stations on course or at the finish line. You should bring your own water.

On the 10K, Half & Full courses, there will be an on-course bag drop area for you to leave your nutrition and hydration items. It is located at the intersection of The Lake Country Trail and Silver Cedar Rd. We recommend that you drive to the bag drop location before checking in at packet pickup, park on the

Oconomowoc Parkway, walk across the grass, and drop your bag. Please do not park on Silver Cedar when dropping your gear bag. Please place your bag in the designated bag drop area before the race and space it 10' from other bags. Both sides of the path can be used, but please place them on the grass and not the path. This is a self-placement and self-serve bag drop. We will not be transporting bags on course. Don't worry, there is plenty of time and space for you to self-place your bag. Besides, do you really want some vahoo touching your water bottle?

This is also where an on course porto will be strategically placed.



Switching Distances

You can change distances prior to the event by letting our registration staff know. If you decide to change distances while running, let our timing staff know when you cross the finish line.

Awards

Sorry, we will not have an awards ceremony. If we can get results uploaded quick enough, you will be able to pick up medals on-site. Please check the <u>race website for results</u>. When you pick up your medal, please show staff your results so we can expedite the process.

Custom medals for first – third place. 0-14, then 5 year increments up to 90.

Miss Your Award?

Medals can be picked up at our office the Tuesday following the event. 2911 N Dousman, Suite 3 Oconomowoc, WI 53066 They are located in front of the northern entrance door in a black bin. If you would like it mailed, you can order it to be shipped <u>here</u>.

Timing

The race is chip timed by Silver Circle Sports Events with a chip start. Your time will begin when you cross the start line and conclude when you cross the finish line. Please make sure your bib is on the front of your body and visible to our staff.

Instructions on bib placement.

Medical Emergencies

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist. If you develop <u>symptoms of Covid-19</u>, please go to the medical tent and self-isolate.



Weather

The event will be held unless severe weather occurs. In the event of severe weather, we will make an announcement to seek shelter and clear the area. All staff will also evacuate the area and will not return until the weather clears. We ask that you not return until we have made an all-clear announcement. Weather updates will be posted on Facebook.

Social Media

Last minute updates, photos, videos, and results all get posted here first:







Referrals, Deferrals, and Exchanges

At registration checkout, you will be given the option to share to Facebook that you've registered for a super fun event with SCSE! For every 3 people you get to register for the same event using your unique link, you'll get \$10 back from your registration.

On your emailed registration receipt, there will be a registration link that you can forward to your friends to let them know they should join you on your next adventure! For every 3 friends you get to register for the event using your unique email link, you'll get \$10 back on your registration!

More info about referrals, deferrals, and exchanges.

Got questions?

Let us know at info@silvercirclesportsevents.com.



#TeamSCSE

Welcome to #TeamSCSE. The running team with no requirements, no fees, and no forms to fill out. We are a group of people who just like to run. Team SCSE is an all-inclusive running team that prides itself on camaraderie and helping each other achieve running goals. We have a range of runners on the team, from beginners to elites and everything in between. If you're interested in joining the team, <u>contact us</u>.



Upcoming Events



Are you involved with an event and need help with management, equipment rental, timing, or marketing? If it is event related, we do it!

Contact us to discuss your event or obtain a quote.