

# Freedom 5K/10K

Sunday, July 4<sup>th</sup>, 2021



## Race Day Instructions



Thank you for participating in a Silver Circle Sports Event. We know there are a lot of events in your neck of the woods and we appreciate you attending an event in our neck of the woods.

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## Charity Partner Silver Circle Foundation, Inc 501(c)3

We hope you will consider a [donation](#) to our charity partner.

[Silver Circle Foundation, Inc 501\(c\)3](#) is dedicated to supporting the needs of our firefighters, police officers, veterans, and troops serving overseas through charitable giving, care packages, and fundraising. They provide personal safety items for firefighters & police officers. They raise money to help support wounded veterans and their families obtain mortgage-free homes and provide care packages for troops serving overseas.



## Sponsor - Ridgeway Woodworks

[Ridgeway Woodworks](#) provides high-quality, unique, and personalized items for athletes to celebrate and remember their hard work and accomplishments. They will have [bib frames](#), [medal racks](#), and [American flags](#) available at the event. If you preorder, they can likely have them ready for you at the finish line!

**RIDGEWAY WOODWORKS**  
— LAKE COUNTRY, WISCONSIN —

## Volunteers Needed – We are super short on volunteers!

If you, your group, the neighbor kid, or your mother-in-law has an interest in volunteering, we would greatly appreciate the assistance! All volunteers can run a future race for free. Sign up [HERE](#).



## Location

### Roosevelt Park

630 S. Main

Oconomowoc, WI 53066

## Parking

Parking is available on site or on public streets around the park.

## Schedule

Race Day – Sunday, July 4, 2021

7:00am Packet pickup

7:45am Kiddos 1K

8:00am 5K & 10K start

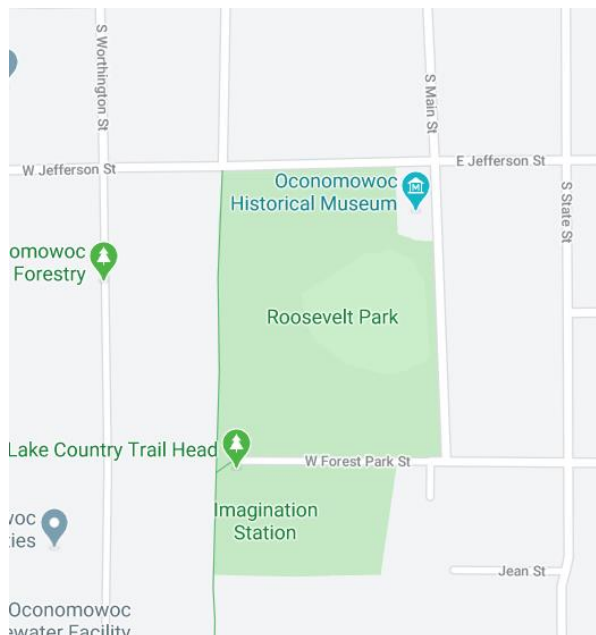
## Packet Pickup FAQs

Can I pick up another person's packet? Yes

Do I need an ID? No way

Can I register at packet pickup? Yep!

Bring your QR code (it's on your receipt)



## Course Info

### Restrooms

Restrooms are available at the start/finish line.

### Course Marking and Closures

The entire course will be marked with signs and arrows. This is an out and back on the paved Lake Country Trail. The 5K will cross one road and the 10K will cross 6. Please watch for traffic as there may not be police officers at intersections.

The 5K will turn before Silver Lake Street. You will know because there is a 3-foot-tall sign that says "5K Turn Here".

The 10K will turn south right before Hwy 67. The turn is before Valley Road. You will know because there is a 3-foot-tall sign that says "10K Turn Here".

### Aid Stations

There will be one aid station on the 10K course with water.

### Switching Distances

You can change distances prior to the event by letting our registration staff know. If you decide to change distances while running, let our timing staff know when you cross the finish line.

## Awards

They are back! In person awards ceremonies are back!

Custom medals for first – third place.  
0-14, then 5 year increments up to 90.  
Finisher medals for everyone!

### Miss Your Award?

Medals can be picked up at our office the Tuesday following the event.  
2911 N Dousman, Suite 3  
Oconomowoc, WI 53066  
They are located in front of the northern entrance door in a black bin.  
If you would like it mailed, you can order it to be shipped [here](#).

## Timing

The race is chip timed by Silver Circle Sports Events with a chip start. Your time will begin when you cross the start line and conclude when you cross the finish line. Please make sure your bib is on the front of your body and visible to our staff.

[Instructions on bib placement.](#)

## Medical Emergencies

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist. If you develop [symptoms of Covid-19](#), please go to the medical tent and self-isolate.



There is an automated external defibrillator (AED) and first aid kit located on the timing trailer.

## Weather

The event will be held unless severe weather occurs. In the event of severe weather, we will make an announcement to seek shelter and clear the area. All staff will also evacuate the area and will not return until the weather clears. We ask that you not return until we have made an all-clear announcement. Weather updates will be posted on Facebook.

## Social Media

Last minute updates, photos, videos, and results all get posted here first:



## Referrals, Deferrals, and Exchanges

At registration checkout, you will be given the option to share to Facebook that you've registered for a super fun event with SCSE! For every 3 people you get to register for the same event using your unique link, you'll get \$10 back from your registration.

On your emailed registration receipt, there will be a registration link that you can forward to your friends to let them know they should join you on your next adventure! For every 3 friends you get to register for the event using your unique email link, you'll get \$10 back on your registration!

More info about [referrals, deferrals, and exchanges](#).

## Got questions?

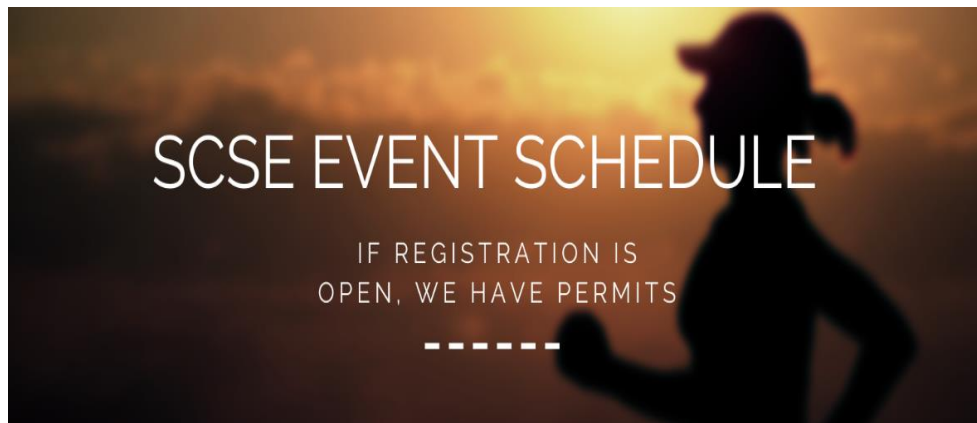
Let us know at [info@silvercirclesportsevents.com](mailto:info@silvercirclesportsevents.com).

## #TeamSCSE

Welcome to #TeamSCSE. The running team with no requirements, no fees, and no forms to fill out. We are a group of people who just like to run. Team SCSE is an all-inclusive running team that prides itself on camaraderie and helping each other achieve running goals. We have a range of runners on the team, from beginners to elites and everything in between. If you're interested in joining the team, [contact us](#).



## Upcoming Events



Are you involved with an event and need help with management, equipment rental, timing, or marketing? If it is event related, we do it!

[Contact us](#) to discuss your event or obtain a quote.