
SILVER CIRCLE SPORTS EVENTS

www.silvercirclesportsevents.com

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Thank you for participating in a Silver Circle Sports Event. We know there are a lot of events in your neck of the woods and we appreciate you attending an event in our neck of the woods.



Volunteers Needed

If you, your group, the neighbor kid or your mother-in-law has an interest in volunteering, we would greatly appreciate the assistance. All volunteers can run a future race for free. Sign up [HERE](#).

Medical Emergencies

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist.

There is an automated external defibrillator (AED) and first aid kit located on the timing trailer.

Packet Pickup Friday February 15Endurance House Delafield

Time 4-7 pm

If you stop in to get your packet don't forget your raffle ticket to win a free pair of shoes to be given away race morning! Must be present to pick up your ticket and shoes. Limit one ticket per person per packet (ie. no mass pickups).

It is also buy one get 30% off of any shoe / apparel combination.

Race day

8:00-9:00 am at the race site.

Packet Pickup FAQ

Can I pick up another person's packet? Yep

Do I need an ID? Nope

Can I register at packet pickup? Yep

Schedule

8:00 Packet pickup

8:45ish Kids 1K start

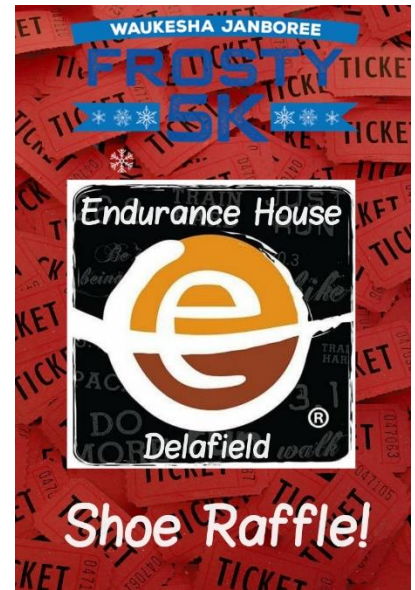
9:00 5K start

Referrals

For every three registrations, we will refund \$10.00 of your registration fee all the way up to 100%. Two ways to do it.

- Facebook
At registration checkout, you will be given the option to share your registration on Facebook. If 3 people register from that post, shazam we will refund \$10.
- Email
On your registration receipt, there will be a registration link. Share that link and we will refund \$10 for every 3 registrations. You can find the registration link by logging into your Run Sign Up account and email the receipt to yourself. The software will keep track of friends registering from your link and Facebook post.

More info about [referrals, deferrals and exchanges](#).

AwardsOverall Male & Female

A plaque & flowers will be presented the first place male & female.

Age Groups

Custom medals for first – third place.
0-14, then 5 year increments up to 90



Average Joe & Jane Awards

At all Silver Circle Sports Events 5K, we will award the [Average Joe & Jane award](#). The award goes to the male and female that finish exactly in the middle of their division will received receive a super sexy Average Joe / Average Jane shirt, flowers and an free entry into a SCSE event.

Timing

The race is chip timed Silver Circle Sports Events with a chip start. Your time will begin when you cross the start line and conclude when you cross the finish line. Please make sure you bib is on the front of your body and visible to our staff.

[Instructions on bib placement.](#)



Course Info

Start Line

The starting line is in front of the school

This is a chip started event so your time does not begin until you cross the start line.

Finish Line

Same as the start line.

Course Marking

The entire course will be marked with arrow signs and mile markers.

Aid Stations

There will be one aid station on the course. Please place your cups and gel packs in the garbage cans.

Restrooms

Restrooms are available at registration.

Your Age

Because the Frostbite 5K is part of the Chilly Willy Winter Run Series, we use your age as of 3/31/19.

Parking

Parking is available in front of the school on the east side of the property.

Social Media

Last minute updates, photos, videos and results all get posted here first.



Weather

The event will be held unless severe weather occurs. In the event of severe weather, the race director may delay or cancel the event. Please watch social media for any weather notices.

Medals

Medals can be picked up at our office the Tuesday following the event.

2911 N Dousman, Suite 3

Oconomowoc, WI 53066

They are located in front vestibule that is open 24/7

If you would like it mailed, you can order it to be shipped here

<https://silvercirclesportsevents.com/scse-store>

Got questions?

Let us know at info@silvercirclesportsevents.com

#TeamSCSE

Welcome to #TeamSCSE. The running team with no requirements, no fees and no forms to fill out. We are a group of people who just like to run. Team SCSE is an all-inclusive running team that prides itself on camaraderie and helping each other achieve their running goals. We have a range of runners on the team, from beginners to elites and everything in between. If you're interested in being part of team, [contact us](#).

EVENT SCHEDULE

2019 Event Schedule	Date	Distance	Location
<u>Flannel 5K</u>	2/23	5K, 10K	Menomonee Falls
<u>Jig Jog 4K</u>	3/2	4K	Milwaukee
<u>The Great Milwaukee Pi Run</u>	3/9	5K	Milwaukee
<u>Shake Your Shamrocks</u>	3/16	5K, 10K	Oconomowoc
<u>First Call</u>	3/31	5K, 10K & 1/2 marathon	Waukesha
<u>Wisconsin Trail Assail - Run From The Taxman</u>	4/13	5K, 10K & 1/2 marathon	Delafield
<u>Beartrax and Brownie Shuffle</u>	4/28	5K, 10K, 20K	Delafield
<u>Run The Bay</u>	5/4	5K, 10K & kids run	Whitefish Bay
<u>Wisconsin Trail Assail - Mother's Day</u>	5/11	5K, 10K & 1/2 marathon	Nashotah
<u>Run Like A Mother Milwaukee</u>	5/12	5K + 1 mile kids run	Wauwatosa
<u>Run Like A Mother Racine</u>	5/12	5K + 1 mile kids run	Racine
<u>First Thaw Triathlon</u>	5/18	Super Sprint & Sprint	Oconomowoc

2019 Wisconsin Trail Assail Series Registration Now Open



[Register Now](#)

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Are you involved with an event and need help with management, equipment rental, timing or marketing? If it is event related, we do it.

Contact us to discuss your event or obtain a quote.