# The Hangover 5K Saturday, January 1, 2022



Race Day Instructions



Thank you for participating in a Silver Circle Sports Event. We know there are a lot of events in your neck of the woods and we appreciate you attending an event in our neck of the woods.

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## Volunteers Needed – We are super short on volunteers!

If you, your group, the neighbor kid, or your mother-in-law has an interest in volunteering, we would greatly appreciate the assistance! All volunteers can run a future race for free. Sign up HERE.



#### Location

#### Village Green

105 N. Main St Oconomowoc, WI 53066

## Parking

There is parking available throughout downtown Oconomowoc.

#### Parking map.

## Schedule

#### Race Day – Saturday, January 1, 2022

8:00am Packet Pickup 9:00am 5K Run and 2-Mile Walk Start

## Packet Pickup FAQs

Can I pick up another person's packet? Yes
Do I need an ID? No way
Can I register at packet pickup? Yep!
Bring your QR code! It's on your receipt and looks like this



#### Course Info

#### Restrooms

Porta potties are available at the park.

#### Course Marking and Closures

The entire course will be marked with signs and arrows. There will be officers at major intersections, but a portion of the road will remain open to vehicle traffic.

#### Course Map

#### **Aid Stations**

There are no aid stations out on the course. We will have bottles or water at the finish line.

#### **Awards**

Finisher medals for everyone! Top 3 male & female finishers in 5-year age groups will receive a custom medal. There will not be an awards ceremony. You can pick up your age group medal at the packet pickup table. Results will be posted online.

#### Miss Your Award?

Medals can be picked up at our office the Tuesday following the event.

2911 N Dousman, Suite 3 Oconomowoc, WI 53066

They are located in front of the northern entrance door in a black bin. If you would like it mailed, you can order it to be shipped here.

## **Timing**

The race is chip timed by Silver Circle Sports Events with a chip start. Your time will begin when you cross the start line and conclude when you cross the finish line. Please make sure your bib is on the front of your body and visible to our staff.

Instructions on bib placement.



## Medical Emergencies

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist. If you have <u>symptoms of Covid-19</u>, please go to the medical tent and self-isolate.

There is an automated external defibrillator (AED) and first aid kit located on the registration trailer.

#### Weather

The event will be held unless severe weather occurs. In the event of severe weather, we will make an announcement to seek shelter and clear the area. All staff will also evacuate the area and will not return until the weather clears. We ask that you not return until we have made an all-clear announcement. Weather updates will be posted on Facebook.

#### Social Media

Last minute updates, photos, videos, and results all get posted here first:







## Referrals, Deferrals, and Exchanges

At registration checkout, you will be given the option to share to Facebook that you've registered for a super fun event with SCSE! For every 3 people you get to register for the same event using your unique link, you'll get \$10 back from your registration.

On your emailed registration receipt, there will be a registration link that you can forward to your friends to let them know they should join you on your next adventure! For every 3 friends you get to register for the event using your unique email link, you'll get \$10 back on your registration!

More info about referrals, deferrals, and exchanges.

### Got Questions?

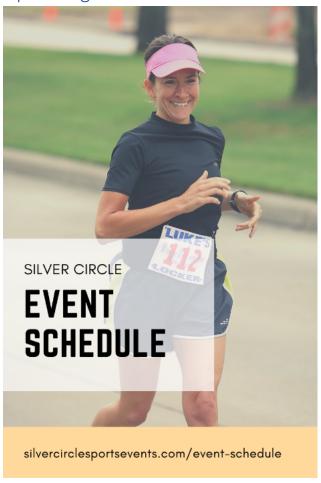
Let us know at info@silvercirclesportsevents.com.

#### #TeamSCSF

Welcome to #TeamSCSE. The running team with no requirements, no fees, and no forms to fill out. We are a group of people who just like to run. Team SCSE is an all-inclusive running team that prides itself on camaraderie and helping each other achieve running goals. We have a range of runners on the team, from beginners to elites and everything in between. If you're interested in joining the team, contact us.



## **Upcoming Events**





Are you involved with an event and need help with management, equipment rental, timing, or marketing? If it is event related, we do it!

Contact us to discuss your event or obtain a quote.