

- Half Marathon Course-double out and back
- Start -> $A$
- A -> B $->A->C->A$ (lap one)
- A -> B -> A -> C -> A (lap two)
- Finish


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- 5K Course-out and back
- Start -> A
- A -> C -> A -> Finish
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- 10K - double out and back
- Start -> A
- A ->C -> A (lap one)
- $\mathrm{A} \rightarrow \mathrm{C}$-> A (lap two)
- Finish

