# SILVER CIRCLE SPORTS EVENTS

# www.silvercirclesportsevents.com

HOME EVENTS RACE MANAGEMENT & TIMING EQUIPMENT RESULTS CONTACT

Thank you for participating in the Last Call 5K, 10K & ½ Marathon. We know there are a lot of events in your neck of the woods and we appreciate you attending the Last Call in our neck of the woods.



#### Volunteers Needed

If you, your group, the neighbor kid or your mother-in-law has an interest in volunteering, we would greatly appreciate the assistance.

All volunteers can run a future race for free. Sign up <u>HERE.</u>

#### **Medical Emergencies**

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist.

There is an automated external defibrillator (AED) and first aid kit located on the timing trailer.

#### **Packet Pickup**

Saturday December 1st Endurance House Delafield

#### Time 10-4

If you stop in to get your packet don't forget your raffle ticket to win a free pair of shoes to be given away race morning! Must be present to pick up your ticket and shoes. Limit one ticket per person per packet (ie. no mass pickups).

It is also buy one get 30% off of any shoe / apparel combination.

Race day 8:00-9:00 am at the race site.

#### Packet Pickup FAQ

Can I pick up another person's packet? Yep Do I need an ID? Nope Can I register at packet pickup? Yep

#### **Race Day Schedule**

8:00 Packet pick up & race day registration
8:45 Kiddos 1K
9:00 1/2 marathon start
9:30 5K/10K start
10:30 ½ marathon turn closes
12:00 course closes
\*please note these times may change due to weather and abdominal snowmen sightings.

# Last Calluck Shoe Raffle

#### Location

EB Shurts 810 W College Ave, Waukesha, WI 53186

#### Referrals

For every three registrations, we will refund \$10.00 of your registration fee all the way up to 100%. Two ways to do it.

#### Facebook

At registration checkout, you will be given the option to share your registration on Facebook. If 3 people register from that post, shazam we will refund \$10.

#### Email

On your registration receipt, there will be a registration link. Share that link and we will refund \$10 for every 3 registrations. You can find the registration link by logging into your Run Sign Up account and email the receipt to yourself. The software will keep track of friends registering from your link and Facebook post.

More info about referrals, deferrals and exchanges.

#### Awards

#### Overall Male & Female

A plaque & flowers will be presented the first-place male & female.

#### Age Groups

Custom medals for first – third place.

0-14, then 5 year increments up to 90

#### Average Joe & Jane Awards

At all Silver Circle Sports Events 5K, we will award the <u>Average Joe & Jane award</u>. The award goes to the male and female that finish exactly in the middle of their division will received receive a super sexy

Average Joe / Average Jane shirt, flowers and an free entry into the <u>Average</u> Joe 5K

#### Timing

The race is chip timed Silver Circle Sports Events with a chip start. Your time will begin when you cross the start line and conclude when you cross the finish line. Please make sure you bib is on the front of your body and visible to our staff.

#### Instructions on bib placement.

#### **Course Info**

#### Your Age

Because the Last Call is part of the Chilly Willy Winter Run Series, we use your age as of 3/31/19.

#### Course Info - NEW

The start line has been moved from the street to the path in front of the EB Shurts building.

#### Course

This is a fast and flat out and back course starting on the road. Please allow faster runners to stage at the front of the line. Strollers should stage at the rear. Stay to the right on course on do not run more than 2 wide. Passing runners have very sharp elbows!

The 5K, 10K &  $\frac{1}{2}$  marathon turn will be marked with a 2X3 foot sign in the middle of the path. Please make the turn there. If you hit Lake Monona you went too far.

The Glacial Drumlin Trail is a public path and others may be on it during the race. There are police officers and course marshals at road crossings but those are public roads and NOT closed. Please watch for staff directions and look both directions before crossing.







#### Aid stations

Station 1 – mile 1 & 12 water & sports drink Station 2 – mile 3 & 10 water & sports drink Station 3 – mile 4.5 & 8.5 water, sports drink, energy gel & restroom Station 4 – mile 6 & 7 water, sports drink & energy gel

#### Dogs

Yep you can bring your dog. We just ask that you allow the runners plenty of room.

The finish line will have water, sports drink, hot chocolate and our free fresh fruit bar. It may be inside depending on the weather.

We only ask that our early runners consider runners yet to finish and it is not for "friends & family".



#### Restrooms

There are restrooms at the facility and a portolet at the intersection of Hwy DT and the trail at mile 4.5 + - & 8.5 + -.

#### **Toy Donation**

We will be collecting toys at the race and delivering them to <u>Sojourner Family Peace Center</u>. Please consider bringing a new, unwrapped toy and we will make sure Sojourner Family Peace Center will get it. Endurance House Delafield will be providing SWAG and you will receive a raffle ticket for each toy you bring. Don't forget, Last Call is only 22 days away from the big day and you know who is watching

#### Parking

Please do not park on Collage Avenue or you will have hundreds of angry runners around you. There is a parking map on the website. If the lots are full, we suggest you park on Phillip Drive.

#### Social Media

Last minute updates, photos, videos and results all get posted here first.



#### Weather

The event will be held unless severe weather occurs. In the event of severe weather, the race director may delay or cancel the event. Please watch social media for any weather notices.

#### Medals

Medals can be picked up at our office the Tuesday following the event. 2911 N Dousman, Suite 3 Oconomowoc, WI 53066

They are located in front vestibule that is open 24/7

If you would like it mailed, you can order it to be shipped here

https://silvercirclesportsevents.com/scse-store

#### Got questions?

Let us know at info@silvercirclesportsevents.com

### #TeamSCSE

Welcome to #TeamSCSE. The running team with no requirements, no fees and no forms to fill out. We are a group of people who just like to run. Team SCSE is an all-inclusive running team that prides itself on camaraderie and helping each other achieve their running goals. We have a range of runners on the team, from beginners to elites and everything in between. If you're interested in being part of team, contact us.



#### Upcoming events:

Three reasons to run the Yule Twinkle All The Way 5K. Yep Santa lights on the medal light up.



 Register Now
 Register Now
 Register Now
 Register Now
 Register Now

## **EVENT SCHEDULE**

2019 EVENT SCHEDULE	DATE	DISTANCE	LOCATION
#TeamSCSE Kickoff Party	1/12	5K + awards and kickoff	Waukesha
Waukesha Janboree Frosty 5K	1/26	5K	Waukesha
Tim Gahagan Memorial Frostbite Scramble	2/9	Golf on frozen Silver Lake	Oconomowoc
Average Joe 5K	tbd	5K	Menomonee Falls
Frostbite 5K	2/16	5K	Nashotah
Flannel 5K	2/23	5K, 10K	Delafield
Shake Your Shamrocks	3/16	5K, 10K	Oconomowoc
First Call	3/31	5K, 10K & 1/2 marathon	Waukesha

# **Gift Certificates**

Looking for a special gift for your special athlete? How about a SCSE gift certificate? They are good for any race in 2019. <u>More info</u>.



# 2019 Wisconsin Trail Assail Series Registration Now Open





Are you involved with an event and need help with management, equipment rental, timing or marketing? If it is event related, we do it.

Contact us to discuss your event or obtain a quote.