

If you registered after 5/11/18 7:00 am cst, you must bring your receipt to packet pickup (you won't be in the database).

Thank you for participating in the Run Like A Mother Run. We know there are a lot of events in your neck of the woods and we appreciate you attending the Mother's Day Run in our neck of the woods.

We are in need of a lot of volunteers still. All volunteers get a free future race or can transfer the free race to you. Register HERE.

If you have friend and family waiting to register, now is the time to do so. We only have 50 spots left until we are sold out. Register HERE.

# **Medical Emergencies**

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist.

There is an automated external defibrillator (AED) and first aid kit located on the timing trailer.

### Address

TOSA Pool at Hoyt Park 1800 N Swan Blvd Wauwatosa, WI 53226

## **Parking**

Parking is available at the park.

## Packet Pick Up

Friday noon -5
InStep Delafield
715 N Genesee St
Delafield, WI 53018

# Race Day

Packets can be picked race day start at 8 am.

Yes you can pick up a friends packet.

### Schedule

8:00 packet pickup 8:45 kiddos run 9:00 5K start 9:45 awards

### **Course Info**

The start line and finish line are located in the same area. Look for the truss. This is an out and back course. At mile three you will do one lap around the pavilion and finish under the truss to the west. Course map.

#### **Aid Stations**

There is one aid station on the course near the turn. At the finish line, there will be water and a fresh fruit aid station.

#### Restrooms

Restrooms are available at the registration building, start line and finish line.

# **Timing**

The race is chip timed Silver Circle Sports Events with a chip start. Your time will begin when you cross the start line and conclude when you cross the finish line. Please make sure you bib is on the front of your body and visible to our staff.

## Instructions on bib placement.

#### Strollers

Yes you can run with a stroller. We ask that you stage towards the rear.

#### Kids Run

Parents can run with their kids during the kids run. If kid want to run the 5K they must be registered for the 5K.

### Beer Garden

We have been informed that the beer garden will NOT be open this year.

## **Questions?**

Please feel free to contact our race director at <a href="mailto:info@silvercirclesportsevents.com">info@silvercirclesportsevents.com</a>

