

# Benefiting Cardiac on Campus

Cardiac on Campus is the student organization at UW Madison coordinating the event. Cardiac on Campus was founded in 2016 after co-founder Brittany Derynda's 20-year-old brother passed away from sudden cardiac arrest following a half marathon. We founded the club in an effort to shed light on preventing sudden cardiac arrests, especially within the college community, where cardiac health is often overlooked. The student organization has three main goals.

Run for a reason - The fact is that 9 out of every 10 victims of sudden cardiac arrest die (<u>http://www.sca-aware.org/about-sca</u>). One way to easily reduce the number of sudden cardiac deaths each year is efficient and immediate bystander CPR and AED use, which will be the focus of Red Tutu Trot 2018. All proceeds will go towards offering free monthly CPR and AED education in the Madison area. Can't make the run? <u>Please consider a donation</u>.

Kick off Homecoming Week by showing your Badger Pride and raising awareness for cardiac health at the 2018 Red Tutu Trot 5K! Put on by Cardiac on Campus and the Wisconsin Homecoming Committee, this year's race will be a joint event to celebrate both the Wisco spirit and heart health across campus."

## Address

Howard Temin Lakeshore Path Lot 60 UW Madison Intersection of Willow Drive & Boat Launch

## Parking

Park in Lot 60 UW Madison

Packet pickup - you must pick up your own packet and you must sign the waiver at packet pickup. Please <u>download the waiver</u>, fill it out and bring it with you to packet pickup.

Schedule Friday October 12th. Student Activity Center office 3104 2-3 pm

Friday October 12 Packet Pickup Fleet Feet Madison 8440 Old Sauk Road Middleton, WI 53562 4-7 pm Sunday October 14 7:00 packet pickup at the race 8:00 race start 9:00 Awards

## Course Info Course Map

All turns will be marked with white signs with blue arrows. There is another race at 10am and they may have course signs posted. Those signs are also white with blue arrows but will be labeled Waisman Whirl Run – DO NOT FOLLOW THOSE.

## **Starting line**

The starting line and finish line are located in the same area on the path near the boat launch.

## **Course Marking and Closures**

Portions of the course are open to traffic. PLEASE WATCH FOR VEHICLES. There will be course marshals at corners with red shirts on. Please follow their directions.

## **Aid Stations**

There is one aid station located near mile 2.

## Restrooms

Restrooms are available at the start line / finish line.

## Timing

The race is chip timed by <u>Silver Circle Sports Events, LLC</u>. Please place the bib on the front of your body. <u>How to wear your bib</u>.

## **Race Day Registration**

We will have race day registration available for stragglers.

# **Questions?**

Please feel free to contact our race director at <u>racedirector@silvercirclesportsevents.com</u>