

Run S'more 24



You're registered! You're excited! You're ready!
Now what?

WISCONSIN'S LEADER IN ENDURANCE EVENTS

**SILVER CIRCLE
SPORTS EVENTS**

silvercirclesportsevents.com

Thank you for participating in a Silver Circle Sports Event. We know there are a lot of events in your neck of the woods and we appreciate you attending an event in our neck of the woods.

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S'more Basic Information

Location

Nashotah Park
Picnic Area 2
W330N5113 County Rd C
Nashotah, WI 53058



Parking

Parking is available throughout the park. You will be provided as many parking passes as you need at packet pickup. You **MUST** bring your race confirmation receipt in order to get in the park or they will charge you.

The parking field is located near the camping area and you will have full access to your vehicle 24/7. Athletes will be able to come and go as needed, but please use caution as part of the course crosses in front of the parking field.

Packet Pickup

Packet pickup is Friday, June 21st from 5-6pm and Saturday, June 22nd from 8-9am. Packets will be distributed by team. Anyone from the team can pick up the team's packet.

S'more Detailed Scheduling

Friday, June 21

5:00pm campsite opens
5:00pm - 6:00pm packet pickup at course
10:00pm – 5:00am quiet hours in camping area

Saturday, June 22

8:00 am – 9:00 am packet pickup at course
8:00 am race overview & equipment check
9:00 am race starts
12:00 Kids Race #1
12:30 Hula Hoop Contest
1:00 Shirt Toss Contest
2:00 80's Music Trivia
3:00 Bags Tournament
3:30 6 hour Race Awards
3:30 Sean & Rick's New Mohawks
4:00 Water Balloon Toss
5:00 Yoga

6:00 Bar Trivia & Free Beer
7:00 Kids Scavenger Hunt
8:00 Kids Race #2
8:15 Open Mic – Joke Telling (Clean Jokes)
8:30 Sasquatch Calling Contest
9:00 pm food truck and free beer close
Dusk runners must have lights and vest on
10:00 pm – 5:00 am quiet period in camping area

Sunday, June 23

6:00am food truck opens
8:40am course closes to runners leaving start line
9:00am FREE BEER
9:00am race conclusion
9:30am awards

*S'more about that Mohawking on Saturday

These two yahoos have agreed to shave their heads, get mohawks, and run a 5K during the Run S'more 24 if \$10,000 is raised for Gold in September by race time.



We have already raised \$6,000, so [DONATE NOW!](#)

How it works:

Make a donation to [Gold in September](#), share the link, and encourage others to donate, too. The person raising the most money gets to perform the hawking on Yahoo 1 & Yahoo 2.

If you really want to hawk it up, become Yahoo #3 and join in the fun! We'll donate 50% of every Run S'more 24 mohawk participant's registration fee to Gold in September.

Of Course, You're Going to Want S'more Course Info

Transition

The transition area will be located near the camping area. We ask that only the active runners and the next runner be in the transition area at any time. There will be plenty of space outside of the transition area to cheer on teammates.

Solo Support Area

There will be an area for solo & double runners to place a 10X10 pop up to store their nutrition and race supplies ("Solo Support Area - SSA"). This area will be adjacent to the transition area, so you will not need to leave the course. A 10X10 pop up is not included, but can be rented with advance notice by emailing info@silvercirclesportsevents.com.

If you are not a solo or double runner, please do not enter the Solo Support Area.

Start Line

Runners will start the race in the transition area.

Course Markings & Closures

The entire course will be marked with white signs and blue arrows. There are NO road crossings and you will not be on a small side trail. You will never turn without the corner being marked with signs. It might be time to mention that the course is hilly. Please be careful on the hills as some of them are grass and may be slippery as the weather changes.



Aid Stations

There will be one aid station on the course with water and sports drinks. At times, the aid station may be self-serve. Don't forget that each team needs to provide two volunteers – [register here](#).

Restrooms

Restrooms are available at registration and near the start line. There are new, clean, flushable toilets here and at the other pavilion ([park map](#)).

Here are S'more General Event Details

Timing

The race is chip timed. At packet pickup you will receive a band with a timing chip in it. The chip is used to track the number of your laps and must always be worn by the athlete on course.

Athletes should transfer the band at the designated transition area and only in the transition area. No band = no lap count.

Counting Laps & Requirements

Your laps will be counted for every full lap completed. Runners can run as many or as few laps as they want before transferring the timing band.

Live results can be found at <https://runsomore24.itsyourrace.com/LapsKiosk/>

Bibs

Teams will be provided a bib for each person. You will need to wear a bib while on course, but you do NOT need to transfer bibs. Again, the timing chip is in the band.

Night Running Requirements

From 7:30pm – 6:00am all runners on course must have a safety vest with flashing lights (front **and** back) and a headlamp or hand-held light. Each team will be required to have one of each, but we recommend multiple vests and lights because who wants to wear sweaty ones?

The [Noxgear Tracer360](#) is PERFECT for Run S'more 24 – if you don't already have one, use code AGOSPORTS to save 35%!

If you do not have the required equipment on, your team will be removed from the course.



Awards

Awards are calculated by the greatest number of completed laps. The run will start at 9:00am Saturday, June 22nd and concludes at 9:00 am Sunday, June 23rd. Only completed laps will count.



Solo Runners

Overall male & female

Two Person Team

Overall male, female & mixed

Four Person Team

Overall male, female & mixed

Eight Person Team

Overall male, female & mixed

Finisher Medals

All runners will receive a custom Finishers Medal

50 Milers

All solo runners who complete more than 50 miles will receive a Run S'more 24 belt buckle.



Injuries

If you are injured while on course, do not try to cut across the park. There are two ponds and unless you have mastered walking on water, you cannot get to the village area. Proceed to the next aid station or stay put until a staff member or runner comes to your aid. We encourage you to carry your cell phone with you while on course. If you need immediate assistance, call the Race Director at 262.327.4472.

Medical Emergencies

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist. We will have a medical tent near the transition area.

There is an automated external defibrillator (AED) and first aid kit located on the timing trailer.

Weather

The event will be held unless severe weather occurs. In the event of severe weather, the race director may delay or cancel the event. Please watch social media for any weather notices.



Bugs

Likely. Now might be a good time to remind you it is June in Wisconsin and the mosquitoes will likely be out in full force. Bring your bug spray.

Headphones

Of course you can wear them! Please use appropriate runner etiquette on the trails.

Social Media

Last minute updates, photos, videos, and results all get posted here first:



Questions

Let us know at info@silvercirclesportsevents.com

S'more Camping Info

Camping

All camping is handled by Waukesha County and can be reserved [HERE](#). Teams can have more than one tent and campers should register ASAP so we know how many spots to reserve. There is plenty of room, but proper prior planning prevents poor camping locations.

FREE BEER

There will not be a beer truck at the event, which means we are giving away beer. There will be one keg of beer on Saturday and one on Sunday. All of it is free.



S'mores

We will provide the "stuff", but you will need to provide the stick to roast them.



Team SCSE Aid Station

Our [running team](#) will provide an aid station (off course) that will have water, sports drink, and coffee. Occasionally, they may even have some watermelon... if you would like to bring fruit to share with s'more of your fellow runners, we would be happy to distribute it.

Please bring your own coffee cup.

Fires

Fires or any other hot device are not permitted anywhere in the park other than the fire we create.

Quiet Hours

At 10 pm quiet hours will be enacted. The parks department and sheriff's department controls parking, camping, and quiet hours. We are not involved with it, but have encouraged both departments to strictly enforce it. We will still run transition lights and music, but it will be at a lower level.

I'm not sure what to bring, can you give me s'more packing suggestions?

<ul style="list-style-type: none">• Tent receipt• Pop up tent for shade• Air mattress• Lawn chair• Parking permit• Multiple running outfits	<ul style="list-style-type: none">• Shower wipes for freshening up between laps• Deodorant• Band-aids• Toilet paper• Foam roller/recovery gear• Snacks & hydrating drinks
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<ul style="list-style-type: none"> • Extra pair of shoes • Extra socks • Warm/cool comfy clothes for downtime • Rain gear • Running hat • Sunglasses • Sunblock • Bug spray • Charger for your phone • Extra batteries for night running gear • Reusable water bottle • Hand sanitizer • Wet wipes 	<ul style="list-style-type: none"> • Six string • Football • Baseball & glove • Kickball • Volleyball – there is a sand court right by the transition area • Safety gear – light, vest with blinking lights • Cash for the food truck • Book • Yoga mat • Flashlight
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Rent a pop-up tent

We have a bunch of tents available for rent. Just let us know when you check in. Pop up tents are \$25.00 for the weekend.

I forgot some stuff, where can I get s'more?

Coffee shops

[Roots](#) - 124 E. Wisconsin Ave, Oconomowoc

[Stone Creek](#) - 1043 Summit Ave, Oconomowoc, WI

Starbucks - 1370 Pabst Farms Cir #300, Oconomowoc, WI

Running Store

[Performance Running Outfitters](#) - 2566 Sun Valley Dr., Delafield, WI 53018

Grocery store

Pick N Save is open from 6am – 11pm - 36903 E Wisconsin Ave, Oconomowoc, WI

Restaurants

The closest restaurant is the [Picnic Basket](#). It is located right across Highway 16 - W329 N4492 Lakeland Dr, Nashotah, WI. Otherwise, head into Oconomowoc and there are plenty of local restaurants.

Thank You Run S'more 24 Sponsors

