



Sunday, February 2, 2020

WISCONSIN'S LEADER IN ENDURANCE EVENTS



Thank you for participating in the Souper Bowl 5K! We know there are a lot of events in your neck of the woods and we appreciate you attending a Silver Circle Sports Event!

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Location

Schuetze Rec Center 1120 Baxter St. Waukesha, WI 53186

Parking

Kiddo's 1K

5K Race starts

Parking is available throughout the park. It will be busy, so plan accordingly.

Race Day Schedule

8:45am 9:00am

Packet Pickup – Sunday, February 2nd

Schuetze Rec Center 1120 Baxter St. Waukesha, WI 53186 8:00am – 9:00am

PLEASE BRING YOUR QR CODE TO PACKET PICKUP

Please bring the QR code found on your receipt or in any of the emails sent the week of the race with you to packet pickup. **You do not need to print it!** We can scan it from your phone.

Packet Pickup FAQs

Can I pick up another person's packet? Yes, please bring their QR code. Do I need an ID? No way Can I register at packet pickup? Yes Do you accept cash, checks or credit cards? You betcha!

Course Info

RD Comments

The course is two times around the river counter-clockwise and it will be slightly longer than a 5K. Slower runners and walkers, please stay to the right side of the path. Faster runners will be passing on the left, and they have very sharp elbows, so please do not walk more than 2-wide. If you hear "on your left", a runner is preparing to pass you.

On the west side of the river, there are two parallel paths. It does not matter which one you run on since they end at the same point.

Please plan to arrive early for parking and watch for people on the paths. The course is open to the public and there will be others in the park.

Start Line/Finish Line

We are using a common start/finish line. It is located to the west of the Rotary building.

The start line is narrow! If you are a slower runner, please stage yourself accordingly. We have several elite athlete teams that are competing for awards, so please give them a little room.

Parents, please have the kiddos start after the fast runners; we don't want to see the little ones become speed bumps.

This is a chip started event, so your time does not begin until you cross the start line.

Course Marking

The entire course will be marked with arrow signs and mile markers. You will stay within the park at all times and not cross any roads. The course is TWO loops around the park. On the first loop, you will run to the right (east) of the Rotary building. On the second lap, you will cross under the finish truss (west of building).

After you've finished, please be courteous to runners still on the course as you head over to the Schuetze building for our free hot chocolate bar!



Restrooms

There are restrooms inside the Schuetze Rec Center.

Awards

Overall Male & Female

A custom plaque & flowers will be presented to the first place male & female.

Age Groups

Because the Frosty 5K is part of the Chilly Willy Winter Run Series, we use your age as of 3/31/20. Custom medals for first – third place. 0-14, then 5 year increments up to 90.



Average Joe & Jane Awards

At all Silver Circle Sports Events 5Ks, we present the <u>Average Joe & Jane</u> <u>award</u>. The award goes to the male and female who finish exactly in the

middle of their division. Winners receive a super sexy Average Joe/Average Jane shirt, flowers, and a free entry to a future SCSE 5K race of their choice.

Miss Your Award?

Medals can be picked up at our office the Tuesday following the event. 2911 N Dousman, Suite 3 Oconomowoc, WI 53066 Medals are located in the front vestibule that is open 24/7.

If you would like your medal mailed, you can order it to be shipped <u>here</u>.

Timing

The race is chip timed by Silver Circle Sports Events with a chip start. Your time will begin when you cross the start line and end when you cross the finish line. Please make sure your bib is on the front of your body and visible to our staff.

Instructions on bib placement.

Medical Emergencies

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist.

There is an automated external defibrillator (AED) and first aid kit located on the timing trailer.

Weather

The event will be held unless severe weather occurs. In the event of severe weather, the race director may delay or cancel the event. Please watch social media for any weather notices.

Social Media

Last minute updates, photos, videos, and results all get posted here first.







Referrals, Deferrals, and Exchanges

At registration checkout, you will be given the option to share to Facebook that you've registered for a super fun event with SCSE! For every 3 people you get to register for the same event using your unique link, you'll get \$10 back from your registration.

On your emailed registration receipt, there will be a registration link that you can forward to your friends to let them know they should join you on your next adventure! For every 3 friends you get to register for the event using your unique email link, you'll get \$10 back on your registration!



More info about referrals, deferrals, and exchanges.

Got Questions?

Let us know at info@silvercirclesportsevents.com.

Ready for More Silver Circle Sports Events?

FEBRUARY 8TH - Timothy Gahagan Frostbite Scramble

GOLF IN FEBRUARY? YEP!

Join us as we "golf" on frozen Silver Lake in Oconomowoc. All proceeds support the Summit Police Department and Western Lakes Fire Department.

Here is how it works:

The Timothy Gahagan Memorial Frostbite Scramble is similar to a 9-hole golf scramble, but it's on frozen Silver Lake in Oconomowoc, WI. "Golfers" get a tennis ball and use any device to strike the ball from the ground. Teams are comprised of 2-5 golfers with a shotgun start.



Chilly Willy Winter Run Series

Click the images below to register for individual races in the Chilly Willy Winter Run Series.





2020 Wisconsin Trail Assail Series Registration Now Open



Register Now Register Now Register Now Register Now Register Now

Team SCSE

Welcome to #TeamSCSE! The running team with no requirements, no fees, and no forms to fill out. We are a group of people who just like to run. Team SCSE is an all-inclusive running team that prides itself on camaraderie and helping each other achieve running goals. We have a range of runners on the team, from beginners to elites and everything in between. If you're interested in being part of Team SCSE, <u>contact us</u>!

