Chilly Willy Winter Run Series

Vet's Day

Saturday, November 7, 2020



Race Day Instructions

A Message From Our Race Director

Hey, Runners! Our staff has been working on a <u>social distancing plan</u> for months. It has taken a very long time to convince municipalities we can hold in-person events in a safe manner. While we don't necessarily like some of the requirements, we must follow them to keep people safe and to continue to obtain permits. I ask that you follow them exactly as outlined. We never know who will be there monitoring our plan, but there will be someone. If we don't follow the plan, then future permits could be pulled, and we will be back to virtual running.

Thank you, Sean K. Osborne



Thank you for participating in a Silver Circle Sports Event. We know there are a lot of events in your neck of the woods and we appreciate you attending an event in our neck of the woods.

Contents

A Message From Our Race Director	
Covid Screening Questions	3
Face Coverings	
Volunteers Needed – We are super short on volunteers!	
Location	
Naga-Waukee Park	
Parking	
Schedule	
Early Packet Pickup- Friday, November 6, 2020	Error! Bookmark not defined
Race Day – Saturday, November 7, 2020	
Packet Pickup FAQs	
Social Distancing	
Waves	
Course Info	6
Restrooms	6
Course Marking and Closures	6
Aid Stations	6
Switching Distances	
Awards	
Miss Your Award?	
Timing	
Medical Emergencies	
Weather	8
Social Media	8
RaceJoy	8
Referrals, Deferrals, and Exchanges	
Got Questions?	<u>C</u>
#TeamSCSE	<u>C</u>
Upcoming Events	C

Covid Screening Questions

Be prepared to respond to Covid screening questions at Packet Pickup.

Have you had any or do you currently have any of the following symptoms that you cannot attribute to another health condition?

Answer "Yes" or "No" to each question. Do you have:

☐ Fever or feeling feverish?
□ Chills?
☐ A new cough?
☐ Shortness of breath?
☐ A new sore throat?
☐ New muscle aches?
□ New headache?
☐ New loss of smell or taste?
If you answered "Yes" to any of the above, you should leave immediately, stay away from other people, and contact your

health care provider.

Face Coverings

Based on our current permits, *face coverings are now required at events*. Here is how it works:

Anyone in the "arena" is required to wear a face covering. The arena is defined as anywhere other than on the race course. This includes registration, packet pickup, parking areas, finish line, start line, restrooms, beer line, medal line, anywhere near other people. If you are within 10' of anyone, at any time, a face covering is required.

Once you are on course, face coverings do not need to be worn, provided you are at least 10 feet from another person. At the start, you are spaced 10' from others - we strongly encourage you to keep that distance. If you need to pass, call out "on your left" and move as far left as you can. Once you have passed a runner and you are at least 10' in front of them, move back to the right.

We encourage runners to consider using running buffs while running near others. Buffs are available on our merchandise website.

When you cross the finish line, please move outside of the arena for your cool down. Once your cool down is complete, a face covering is again required.

If we want to keep running in person events together (and we do!), it is imperative that we exceed our permit requirements. Waukesha County is one of the few places in America that is open to in person events. It is up to our running community to prove that we can hold events safely.

Volunteers Needed – We are super short on volunteers!

If you, your group, the neighbor kid, or your mother-in-law has an interest in volunteering, we would greatly appreciate the assistance! All volunteers can run a future race for free. Sign up HERE.



Location

Naga-Waukee Park 651 WI-83 Hartland, WI 53029

Parking

There is a \$5.00 Waukesha County Park fee. Please have \$5.00 ready when you get to the park. There are two lines and they will move very quickly IF you have \$5.00 or a season pass ready.

Parking is available throughout the park. There is no parking at the start/finish line because we need it for <u>social distancing</u>.

Parking map.

Schedule

Race Day – Saturday, November 7, 2020

8:00am Packet Pickup 9:00am All races start

Packet Pickup FAQs

Can I pick up another person's packet? Yes Do I need an ID? No way Can I register at packet pickup? Yep! Bring your QR code (it's on your receipt)

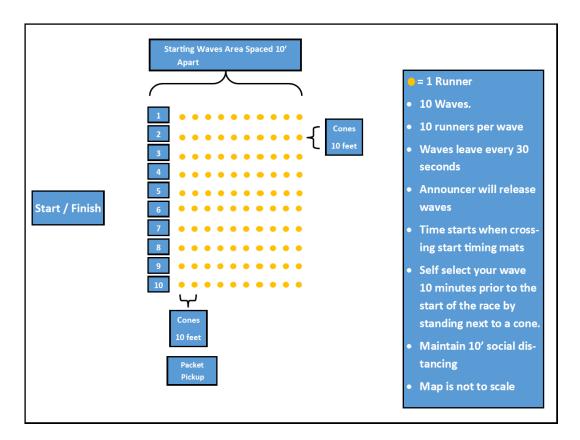
Social Distancing

At all times, please maintain a 10' social distance from fellow runners.

Waves

This is a wave start. Waves are comprised of 10 runners. We will have 10 rows of 10 cones, spaced 10' apart. You can self-select which wave you would like to run in by standing next to a cone facing the start line. We suggest faster runners in the first few rows and request you do not self-select your wave until 10 minutes before the start of the race.

The announcer will release one wave every 30 seconds starting at 9:00am.. We encourage each wave of runners to self-distance as they approach the start mats.



Course Info

Restrooms

Restrooms are available throughout the park unless they winterize them. If that happens, we will have porta potties at packet pickup.

Course Marking and Closures

The entire course will be marked with signs and arrows. A portion of the run is on public roads that will be open to limited traffic. We also use the road leading to the boat launch (hill). If the weather is nice, there may be cars & trailers parked on the side of the road.

The 5K is one lap. The 10K is two laps. Do not cross the finish line until you are ready to finish.

Course Map

Aid Stations

Because we cannot guarantee a touch-free aid station, there are no aid stations on the course or at the finish line. You should bring your own water.

There will be an on-course bag drop area for you to leave your nutrition and hydration items. It is adjacent to the start/finish line along the road. You can drop your items anywhere you would like along the road.

This is a self-placement and self-serve bag drop. We will not be transporting bags on course. Don't worry, there is plenty of time and space for you to self-place your bag. Besides, do you really want some yahoo touching your water bottle?

Switching Distances

You can change distances prior to the event by letting our registration staff know or you can do it by going to runsignup.com, profile, select the race, then switch events. If you decide to change distances while running, let our timing staff know when you cross the finish line.

Awards

Sorry, we will not have an awards ceremony. Once we have enough results to determine age group awards, we will make an announcement to let you know how to find out if you've placed. Please have your bib number with or on you so that staff can easily verify your results.

Custom medals for first – third place. 0-14, then 5 year increments up to 90.

NO MEDALS

Unfortunately, we won't have age group medals available at the race. Because permitting took so long this year, we didn't order medals until we received all our permits. The medals are someplace between China and Los Angeles. Once medals arrive, we will bring them to other events or make them available for pickup.

Miss Your Award?

Medals can be picked up at our office the Tuesday following the event. 2911 N Dousman, Suite 3
Oconomowoc, WI 53066
They are located in front of the northern entrance door in a black bin.

If you would like it mailed, you can order it to be shipped <u>here</u>.

Timing

The race is chip timed by Silver Circle Sports Events with a chip start. Your time will begin when you cross the start line and conclude when you cross the finish line. Please make sure your bib is on the front of your body and visible to our staff.



Medical Emergencies

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist. If you have <u>symptoms of Covid-19</u>, please go to the medical tent and self-isolate.

There is an automated external defibrillator (AED) and first aid kit located on the timing trailer.



Weather

The event will be held unless severe weather occurs. In the event of severe weather, we will make an announcement to seek shelter and clear the area. All staff will also evacuate the area and will not return until the weather clears. We ask that you not return until we have made an all-clear announcement. Weather updates will be posted on Facebook.

Social Media

Last minute updates, photos, videos, and results all get posted here first:







RaceJoy

While not required, it is strongly recommended you download the RaceJoy app and use it on race day. The app allows friends and family to follow you on race day and send you cheers along the course.

Using the app also allows us to send inclement weather messages, find injured/lost runners, and track athletes on course.

Download RaceJoy to Add to Your Race Experience!



Live Phone Tracking!

GPS Based Progress Alerts!

Cheer Sending!

and so much more...



Share your race experience with friends and family!







Silver Circle Sports Event Downstoad RaceJoy

Referrals, Deferrals, and Exchanges

At registration checkout, you will be given the option to share to Facebook that you've registered for a super fun event with SCSE! For every 3 people you get to register for the same event using your unique link, you'll get \$10 back from your registration.

On your emailed registration receipt, there will be a registration link that you can forward to your friends to let them know they should join you on your next adventure! For every 3 friends you get to register for the event using your unique email link, you'll get \$10 back on your registration!

More info about referrals, deferrals, and exchanges.

Got Questions?

Let us know at info@silvercirclesportsevents.com.

#TeamSCSF

Welcome to #TeamSCSE. The running team with no requirements, no fees, and no forms to fill out. We are a group of people who just like to run. Team SCSE is an all-inclusive running team that prides itself

on camaraderie and helping each other achieve running goals. We have a range of runners on the team, from beginners to elites and everything in between. If you're interested in joining the team, contact us.



Upcoming Events

November 14th – Bucks & Does Fifty Pointer Trail Races

THANKSGIVING DAY – November 26th – The Great Gobble Wobble (Oconomowoc)

THANKSGIVING DAY – November 26th – The Great Gobble Wobble (Muskego)

November 27th – THE Miler 5K

<u>December 5th – Last Call 5K, 10K, Half Marathon</u>

<u>December 5th – Yule Twinkle All the Way</u>

Event Schedule



Are you involved with an event and need help with management, equipment rental, timing, or marketing? If it is event related, we do it!

Contact us to discuss your event or obtain a quote.