SILVER CIRCLE SPORTS EVENTS

www.silvercirclesportsevents.com

HOME EVENTS RACE MANAGEMENT AND TIMING EQUIPMENT RESULTS CONTACT

Thank you for participating in a Silver Circle Sports Event. We know there are a lot of events in your neck of the woods and we appreciate you attending an event in our neck of the woods.



Volunteers Needed

If you, your group, the neighbor kid or your mother-in-law has an interest in volunteering, we would greatly appreciate the assistance. All volunteers can run a future race for free. Sign up <u>HERE</u>.

Thanks to our race partners





FREE SHIRTS

We will be giving away all of our former race shirts. All we ask is for a donation to Gold In September.

Medical Emergencies

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist.

There is an automated external defibrillator (AED) and first aid kit located on the timing trailer.

Race Location	Packet Pickup	
Fox River Park W264 S4500 River Road Waukesha, WI 53189	Friday June 29 Noon - 5 pm InStep Delafield 615 N Genesee St. Delafield, WI 53018 Saturday At the race site 7-8 am	
Schedule	Packet Pickup FAQ	
7:00 Packet pick up & race day registration 7:45 ish kiddos start	Can I pick up another person's packet? Yes	
7:45 Race day registration closes 8:00 Race start 10K 8:10 Race start 5K	Do I need an ID? No way Can I register at packet pickup? Yep	
	Do you accept cash, checks or credit cards? You betcha	

Referrals

For every three registrations, we will refund \$10.00 of your registration fee all the way up to 100%. Two ways to do it.

- Facebook
 - At registration checkout, you will be given the option to share your registration on Facebook. If 3 people register from that post, shazam we will refund \$10.
- Email

On your registration receipt, there will be a registration link. Share that link and we will refund \$10 for every 3 registrations. You can find the registration link by logging into your Run Sign Up account and email the receipt to yourself. The software will keep track of friends registering from your link and Facebook post.

More info about referrals, deferrals and exchanges.

Awards

Overall Male & Female

A plaque & flowers will be presented the first place male & female.

Age Groups

Custom medals for first – third place. 0-14, then 5 year increments up to 90

Average Joe & Jane Awards

At all Silver Circle Sports Events 5K, we will award the <u>Average Joe</u> & <u>Jane award</u>. The award goes to the male and female that finish exactly in the middle of their division will received receive a super sexy Average Joe / Average Jane shirt, flowers and an free entry into the <u>Average Joe 5K</u>.

Timing

The race is chip timed Silver Circle Sports Events with a chip start. Your time will begin when you cross the start line and conclude when you cross the finish line. Please make sure you bib is on the front of your body and visible to our staff.

Instructions on bib placement.

Course Info

Course Info

Starting line

The starting line is located right next to check in. This is an open field, cross country style start. Your time starts when the gun sounds. If you are a speedster, you should be toeing the line.

Course Condition

The course is in great condition. Please note that you will cross two roads on this race. They will be marked and coned but please use caution.

This course is rolling and very curvy. The paths are wide in most places but there is a section where it is narrow. The course also travels next to two paved paths. It's a trail race so you can decide if you want to run on the grass next to the paved path or run on the path. Spikes are permitted but NOT on the paved paths.

Course Maps

Aid Stations

There will be one aid station on the course.

Series Scoring & Teams

Points are assigned by place position for each age group. Points will be based on a point system (1st place





10 points, 2nd place 9 points, 3rd place 8 points through 10th place). You must participate in 4 of the 7 races to be eligible for the series awards. You can switch between distances (at no cost) but you must run in at least 4 races of the same distance.

NOTE – because this event is part of the Wisconsin Trail Assail Series, we use your age at the end of the year.

Restrooms

There are restrooms located at each of the parking areas. We suggest you stop at one of the others because the lines get long at the start line.

Park map showing all the restrooms

Parking & Park Fee

There is a \$5.00 Waukesha County Park fee. Please have \$5.00 ready when you get to the park.

Carpool, carpool, carpool. Parking is going to be very tight so please carpool, carpool, carpool. Parking is available at the family picnic area, in the field adjacent to the family picnic area and along the main drive in the park. Please do NOT park outside of the park or you will be ticketed and towed to Siberia.

Did we mention you should carpool?

Social Media

Last minute updates, photos, videos and results all get posted here first.







Weather

The event will be held unless severe weather occurs. In the event of severe weather, the race director may delay or cancel the event. Please watch social media for any weather notices.

Medals

Medals can be picked up at our office the Tuesday following the event. 411 W. Wisconsin Ave Oconomowoc, WI 53066

They are located in front vestibule that is open 24/7

If you would like it mailed, you can order it to be shipped here

https://silvercirclesportsevents.com/scse-store

Got questions?

Let us know at info@silvercirclesportsevents.com

Event	Date	Distance	Location
<u>Traveling Beer Garden 5K</u> - Froemming Park	6/21	5K	Milwaukee
<u>Traveling Beer Garden 5K</u> - Grant	7/12	5K	Milwaukee
<u>Traveling Beer Garden 5K</u> - Lake Park	7/26	5K	Milwaukee
Prowl The Peak	8/1	5K night run	Delafield
<u>Wisconsin Trail Assail - National</u> <u>Watermelon Day Run</u>	8/4	5K, 10K & half marathon	Hartford
Lake Country Triathlon	8/11	Sprint & olympic	Oconomowoc



Are you involved with an event and need help with management, equipment rental, timing or marketing? If it is event related, we do it.

Contact us to discuss your event or obtain a quote.