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# SILVER CIRCLE SPORTS EVENTS

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[www.silvercirclesportsevents.com](http://www.silvercirclesportsevents.com)

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Thank you for participating in a Silver Circle Sports Event. We know there are a lot of events in your neck of the woods and we appreciate you attending an event in our neck of the woods.

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## **Volunteers Needed**

If you, your group, the neighbor kid or your mother-in-law has an interest in volunteering, we would greatly appreciate the assistance. All volunteers can run a future race for free. Sign up [HERE](#).

## **Thanks to our race partners**



## **Medical Emergencies**

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist.

There is an automated external defibrillator (AED) and first aid kit located on the timing trailer.

## **Location**

Pike Lake State Park  
3544 Kettle Moraine Rd  
Hartford, WI 53027

### **About the Park**

For those of us who live in Wisconsin, we are lucky to have parks like this. Pike Lake State Park is beautiful with rolling hills and varying terrain. The DNR has done a great job in the park while leaving much of it in its natural beauty.

After the run, consider heading back up Powder Hill and climbing the tower.

Pike Lake also has a large swimming area and lots of grills. You're there so why not bring the family out and make a day of it. We will hang around playing tunes and likely cooking after the race. Sorry we can't sell any food but if you ask we might cook your food for you.....

PS if you bring a friend and they volunteer as a course marshal, water stop or help with clean up, you can run for free. Heck they can run for free at another event. Seriously we could use some extra volunteers at this event.

### **National Watermelon Day**

Really, it is national watermelon day. We are giving away a bunch of watermelons. NOT to the winners but to random people at the awards ceremony. There just might be a seed spitting contest involved.

### **Packet Pickup**

Friday August 3

Noon - 5:00 p.m.



615 N Genesee St,  
Delafield, WI 53018

We strongly encourage to pick up your packet prior to race day. The entrance to the park can get delayed and lines become long at packet pickup.

Race Day

7:00 am - Race time

Packet Pickup FAQ:

Can I pick up another persons packet? Yep

Do I need an ID? Do pigs fly?

Can I register at packet pickup? Yep

Can I pick up my packet race day? Yep

## Referrals

For every three registrations, we will refund \$10.00 of your registration fee all the way up to 100%. Two ways to do it.

- Facebook  
At registration checkout, you will be given the option to share your registration on Facebook. If 3 people register from that post, shazam we will refund \$10.
- Email  
On your registration receipt, there will be a registration link. Share that link and we will refund \$10 for every 3 registrations. You can find the registration link by logging into your Run Sign Up account and email the receipt to yourself. The software will keep track of friends registering from your link and Facebook post.

More info about [referrals, deferrals and exchanges](#).

## Schedule

7:00 Packet pick up & race day registration

7:45 Race day registration closes

7:45 Free kiddos run

8:00 Race start

## Awards

### Overall Male & Female

A plaque & flowers will be presented the first place male & female.

### Age Groups

Custom medals for first – third place.

0-14, then 5 year increments up to 90

### Average Joe & Jane Awards

At all Silver Circle Sports Events 5K, we will award the Average Joe & Jane award. The award goes to the male and female that finish exactly in the middle of their division will received receive a super sexy Average Joe / Average Jane shirt, and flowers.



## Your Age

Because the race is part of a series, we use your age as of 12/31/18.

## Timing

The race is chip timed Silver Circle Sports Events with a chip start. Your time will begin when you cross the start line and conclude when you cross the finish line. Please make sure your bib is on the front of your body and visible to our staff.

Instructions on bib placement.

## Course Info

The starting line is located right by the finish line. The start line is in an open field and there will be two large blue start flags.



**Please note that this is a mass start in an open area for 200 meters and then crosses a narrow bridge. If you are super duper fast, make sure you are toeing the line.**

## Course Condition

The course is in great condition. Please note that you will cross four roads on this race. They will be marked and coned but please use caution.

Pike Lake is the most challenging course in the series. It is very hilly and technical. By technical, we mean watch your footing. There are logs across the path, rocky area, sandy areas, dirt, tree roots, washouts and hills. Did we mention the hills. Please watch your footing when running.

## Course Marking and Closures

The entire course will be marked with signs and arrows. ALL of the course will be on trails. Watch for the signs where the 5K, 10K & ½ marathon split. Every place there is a split; it will be marked with a sign.

## Course distances / maps

Maps are posted on the [website](#).

## 5K

One lap around the 5K course and you must climb the tower. The distance is close to 3.79 miles.

## 10K

One lap around the 10K course and you must climb the tower. There is an out and back portion near mile 5. The distance is 6.31 miles

## Half Marathon

Two laps around the 10K course and you must climb the tower twice. There is an out and back portion near mile 5 and the turn will be AFTER the 10K turn. The distance is approximately 12.98 miles.

## From the RD about the course

This is a challenging course. Not only is it hilly, but the terrain can be challenging at times. Please be careful. If you decide to do a shorter run, or cut the course no worries. Just let us know so we can update you in the database.

**Please be careful on corners and on the downhills!**

### **Aid Stations**

Water and sports drink will be available at 2 water stops on the 10K course & 4 times on the ½ course.

### **Restrooms**

Restrooms are available at registration and near the start line.

### **Parking**

Parking is available throughout the park. It will be busy so plan accordingly.

### **Social Media**

Last minute updates, photos, videos and results all get posted here first.



### **Weather**

The event will be held unless severe weather occurs. In the event of severe weather, the race director may delay or cancel the event. Please watch social media for any weather notices.

### **Medals**

If you would like it mailed, you can order it to be shipped here

### **Series Scoring**

Points are assigned by place position for each age group. Points will be based on a point system (1st place 10 points, 2nd place 9 points, 3rd place 8 points through 10th place). You must participate in 4 of the 6 races to be eligible for the series awards. You can switch between distances (at no cost) but you must run in at least 4 races of the same distance. Please see website for rule details.

<https://silvercirclesportsevents.com/scse-store>

### **Got questions?**

Let us know at [info@silvercirclesportsevents.com](mailto:info@silvercirclesportsevents.com)

**Upcoming events:**

<u>Lake Country Triathlon</u>	8/11	Sprint & olympic	Oconomowoc
<u>Run With The Cops</u>	8/17	5K	Waukesha
<u>Your Theme for our Team 5K</u>	8/18	5K	East Troy
<u>Traveling Beer Garden 5K - Juneau Park</u>	8/23	5K	
<u>Lake Country Challenge</u>	8/31-9/3	5K, 10K, Half, Duathlon, Paddleboard	Oconomowoc
<u>Nancy's Run, Rock &amp; Roll</u>	9/8	5K	
<u>Milwaukee River Challenge</u>	9/13	5K	Milwaukee
<u>Rochester 5K</u>	9/15	5K	Rochester
<u>Wisconsin Trail Assail - Procrastination Run</u>	9/16	5K, 10K, 1/2 marathon	Waukesha
<u>Traveling Beer Garden 5K - Frame Park Wurst Run</u>	9/22	5K night run	
<u>DoLittle Marathon</u>	9/23	5K 1/2 marathon & full marathon	Lake Country



Are you involved with an event and need help with management, equipment rental, timing or marketing? If it is event related, we do it.

Contact us to discuss your event or obtain a quote.