## Wisconsin Trail Assail Series

# **National Procrastination Day**



# Race Day Instructions

WISCONSIN'S LEADER IN ENDURANCE EVENTS



silvercirclesportsevents.com

Thank you for participating in a Silver Circle Sports Event. We know there are a lot of events in your neck of the woods and we appreciate you attending an event in our neck of the woods.

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#### Location

#### Minooka County Park

1927 East Sunset Drive Picnic Area 4 Waukesha, WI About Minooka Park

## **Parking**

There is a \$4.00 Waukesha County Park fee. Please have \$4.00 ready when you get to the park.

The stacking line is very short at Minooka Park. You can help the line move quickly by having your \$4.00 ready. You cannot pay with a credit card, check, Paypal, your iPhone, or Bitcoin.

#### Schedule

#### Early Packet Pickup

Friday, September 6<sup>th</sup>
Performance Running Outfitters
2566 Sun Valley Dr. Unit E
Delafield, WI 53018
10am – 4pm

#### Race Day

7am Packet Pickup & Race Day Registration Open 7:45am Packet Pickup & Race Day Registration Close 7:45(ish)am Kiddos 1K Starts 8am Race Start

## Packet Pickup FAQs

Can I pick up another person's packet? Yes
Do I need an ID? No way
Can I register at packet pickup? Yep
Do you accept cash, checks or credit cards? You betcha!

#### Course Info

#### Location

Race day packet pick up will be in picnic area 4. The start line will be at the BOTTOM of Killer Hill near picnic area 5. The finish line will be at the TOP of Killer Hill near picnic area 4. Your choice for parking and you're welcome for the opportunity to run the hill twice.

#### Restrooms

Restrooms are available throughout the park. We suggest you stop at one of them before getting to packet pickup. There are none at packet pickup.

#### Start Line

The starting line is located across from picnic area 5 at the bottom of Killer Hill – look for the blue start flags.

## Course Signs

There will be a sign at the half marathon split that looks exactly like this  $\rightarrow$  Follow the arrow direction on each lap.



5K = 1 1ap, then to finish line 10K = 2 laps, then to finish line Half = 3 laps, then to finish line



#### **Aid Stations**

There will be two aid stations on the course. Please place your cups and gel packs in the garbage cans.

#### Finish Line

The finish line is on top of Killer Hill. 5K runners get to climb the hill twice, 10K runners are lucky enough to climb it 3 times, and you can do the math on how many times the half marathoners get to climb it.

Make sure you stop at the FREE finish line fresh fruit bar and grab a free beer (21+) from Brewfinity.



#### **Awards**

#### Overall Male & Female

A plaque & flowers will be presented to the first place male & female.

#### Age Groups

Because this race is part of the Wisconsin Trail Assail Series, we use your age as of 12/31/19. Custom medals for first – third place.
0-14, then 5 year increments up to 90

#### Average Joe & Jane Awards

At all Silver Circle Sports Events 5Ks, we will award the <u>Average Joe & Jane award</u>. The award goes to the male and female that finish exactly in the middle of their division who will receive a super sexy Average Joe/Average Jane shirt and flowers.



#### Miss Your Award?

Medals can be picked up at our office the Tuesday following the event. 2911 N Dousman, Suite 3

Oconomowoc, WI 53066

They are located in the front vestibule that is open 24/7. If you would like it mailed, you can order it to be shipped here.

## **Timing**

The race is chip timed by Silver Circle Sports Events with a chip start. Your time will begin when you cross the start line and conclude when you cross the finish line. Please make sure your bib is on the front of your body and visible to our staff.



## Medical Emergencies

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist.





The event will be held unless severe weather occurs. In the event of severe weather, the race director may delay or cancel the event. Please watch social media for any weather notices.

#### Social Media

Last minute updates, photos, videos, and results all get posted here first.







## Series Scoring

Points are assigned by place position for each age group. Points will be based on a point system (1st place 10 points, 2nd place 9 points, 3rd place 8 points through 10th place). You must participate in 4 of the 6 races to be eligible for the series awards. You can switch between distances (at no cost) but you must run in at least 4 races of the same distance. Please see website for complete rule details.



## Referrals, Deferrals, and Exchanges

At registration checkout, you will be given the option to share to Facebook that you've registered for a super fun event with SCSE! For every 3 people you get to register for the same event using your unique link, you'll get \$10 back from your registration.

On your emailed registration receipt, there will be a registration link that you can forward to your friends to let them know they should join you on your next adventure! For every 3 friends you get to register for the event using your unique email link, you'll get \$10 back on your registration!

More info about referrals, deferrals, and exchanges.



#### Volunteers Needed

If you, your group, the neighbor kid, or your mother-in-law has an interest in volunteering, we would greatly appreciate the assistance! All volunteers can run a future race for free. Sign up HERE.

## Got questions?

Let us know at info@silvercirclesportsevents.com.

Winter is right around the corner. Register for all 8 races for as low as \$175!





Are you involved with an event and need help with management, equipment rental, timing, or marketing? If it is event related, we do it!

Contact us to discuss your event or obtain a quote.