

Wisconsin Trail Assail Series

Sweetest Day



Race Day Instructions

WISCONSIN'S LEADER IN ENDURANCE EVENTS

**SILVER CIRCLE
SPORTS EVENTS**

silvercirclesportsevents.com

Thank you for participating in a Silver Circle Sports Event. We know there are a lot of events in your neck of the woods and we appreciate you attending an event in our neck of the woods.

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We will open registration for the 2020 WTA Series at this race for ONLY \$140, but that price is ONLY good for Saturday in person at the race. You can register as many people as you would like. We will send a code for you to register online once we open online registration. Cash or checks are appreciated.

Volunteers Needed – We are super short on volunteers!

If you, your group, the neighbor kid, or your mother-in-law has an interest in volunteering, we would greatly appreciate the assistance! All volunteers can run a future race for free. Sign up [HERE](#).



Location

Nashotah Park

W330N5113 County Road C
Nashotah, WI

Parking

There is a \$5.00 Waukesha County Park fee. Please have \$5.00 ready when you get to the park. There are two lines and they will move very quickly IF you have \$5.00 or a season pass ready.

Parking is available at the Family Picnic Area adjacent to Reserved Picnic Area 1. It is on the south side of the park. This is where registration, check in, and the start/finish line are located. There is additional parking at Picnic Area 2 and along the road. Please do NOT park in the dog walk area or you will be ticketed.

[Parking map.](#)

Schedule

Early Packet Pickup

Friday, October 18th
Performance Running Outfitters
2566 Sun Valley Dr. Unit E
Delafield, WI 53018
11am – 4pm



Race Day

Saturday, October 19th

7am Packet Pickup & Race Day Registration Open

7:45am Packet Pickup & Race Day Registration Close

7:45(ish)am Kiddos 1K Starts

8am Half Marathon Start

8:10am 10K & 5K Start – **NEW TIME**

Packet Pickup FAQs

Can I pick up another person's packet? Yes

Do I need an ID? No way

Can I register at packet pickup? Yep

Do you accept cash, checks or credit cards? You betcha!

Course Info

Location – New for 2019

Because the race has grown, we are moving all activities (registration and start/finish line) to the rugby field (previously used as the starting location). We will also use a chip start.

It might be time to mention that the course is hilly. Please be careful on the hills as some of them are on grass and may be slippery from the morning dew. Spikes are permitted.

Restrooms

Restrooms are available at the pavilion in Picnic Area 1, near registration and the start/finish line. There are additional bathrooms at all the other picnic areas.

Course Marking and Closures

The entire course will be marked with white signs and black or black arrows. ALL of the courses will be on wide trails. There are NO road crossings and you will not be on a small side trail. You will never turn without the corner being marked with signs.

The 5K is one lap on the inside loop.

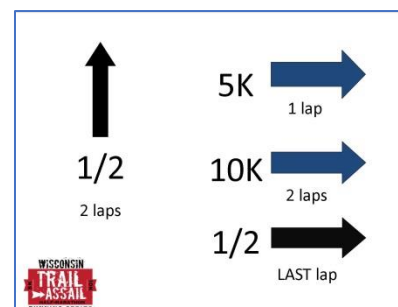
The 10K is two laps on the inside loop.

The half marathon is two laps of the outer course and one lap of the inside loop.

Course Maps

Half Marathon Specifics

The half marathon split will be marked, but you will need to count your laps. At the split (shortly after 2 miles), the 5K & 10K runners will turn right (inside loop). The ½ marathon will go straight. Shortly after the 4 mile marker, the ½ marathon will join the 5K/10K route passing by the start/finish line.



On the second lap, you will do the same as the first. Keep going straight at the 5K/10K turn and follow the arrows on the outside loop. You will join the 5K/10K route again after mile 9, again passing by the start/finish line.

For the third lap, you will turn right at the split and follow the 5K/10K route to the finish line.

Summary: 2 laps on the outside loop and the final lap on the inside loop.

There will be a sweeper on the half marathon course.

Aid Stations

There are two aid stations on the 5K/10K course and three on the half marathon course. Water and Nuun will be at all aid stations and the half marathon aid station will have GU.

Finish Line

You will only cross under the finish line when you are ready to finish. Do not cross it on any of the laps. Only when you are ready to finish.

Make sure you stop at the FREE finish line fresh fruit bar and grab a free beer (21+) from Brewfinity.



Switching Distances

You can change distances prior to the event by letting our registration staff know (they have a form for this). If you decide to change distances while running, let our timing staff know when you cross the finish line.

Running Ambassador

Make sure you stop by our Running Ambassador booth. They will have course maps, support posters for the kiddos, SCSE merchandise for sale, and they can answer all your questions!



Awards

Overall Male & Female

A plaque & flowers will be presented to the first place male & female.

Age Groups

Because this race is part of the Wisconsin Trail Assail Series, we use your age as of 12/31/19. Custom medals for first – third place. 0-14, then 5 year increments up to 90.

Average Joe & Jane Awards

At all Silver Circle Sports Events 5Ks, we will award the [Average Joe & Jane awards](#). The award goes to the male and female who finish exactly in the middle of their division. Winners receive a super sexy Average Joe/Average Jane shirt and flowers.



Miss Your Award?

Medals can be picked up at our office the Tuesday following the event.
2911 N Dousman, Suite 3
Oconomowoc, WI 53066
They are located in front of the northern entrance door in a black bin.
If you would like it mailed, you can order it to be shipped [here](#).

Series Scoring

Points are assigned by place position for each age group. Points will be based on a point system (1st place 10 points, 2nd place 9 points, 3rd place 8 points, through 10th place). You must participate in 4 of the 7 races to be eligible for the series awards. You can switch between distances (at no cost) but you must run in at least 4 races of the same distance. Please see website for complete rule details.



Team Scoring

Find (at least) three friends and create a team as part of the team challenge. It is free and open to everyone. Points are awarded to all teams and the winning team gets a free entry into the Chilly Willy Winter Run Series, a stupidly tall trophy, and bragging rights. [See website for details](#).

Series Awards

The series age group and team awards will be done at the event.

Timing

The race is chip timed by Silver Circle Sports Events with a chip start. Your time will begin when you cross the start line and conclude when you cross the finish line. Please make sure your bib is on the front of your body and visible to our staff.

[Instructions on bib placement.](#)

Medical Emergencies

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist.



There is an automated external defibrillator (AED) and first aid kit located on the timing trailer.

Weather

The event will be held unless severe weather occurs. In the event of severe weather, the race director may delay or cancel the event. Please watch social media for any weather notices.

Social Media

Last minute updates, photos, videos, and results all get posted here first.



Referrals, Deferrals, and Exchanges

At registration checkout, you will be given the option to share to Facebook that you've registered for a super fun event with SCSE! For every 3 people you get to register for the same event using your unique link, you'll get \$10 back from your registration.

On your emailed registration receipt, there will be a registration link that you can forward to your friends to let them know they should join you on your next adventure! For every 3 friends you get to register for the event using your unique email link, you'll get \$10 back on your registration!

More info about [referrals, deferrals, and exchanges](#).

Got questions?

Let us know at info@silvercirclesportsevents.com.

Winter is right around the corner. Register for all 8 races for as low as \$175!



[Register Now](#) [Register Now](#) [Register Now](#) [Register Now](#) [Register Now](#) [Register Now](#)



Are you involved with an event and need help with management, equipment rental, timing, or marketing? If it is event related, we do it!

[Contact us](#) to discuss your event or obtain a quote.