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# SILVER CIRCLE SPORTS EVENTS

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[www.silvercirclesportsevents.com](http://www.silvercirclesportsevents.com)

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Thank you for participating in a Silver Circle Sports Event. We know there are a lot of events in your neck of the woods and we appreciate you attending an event in our neck of the woods.

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## **Volunteers Needed**

If you, your group, the neighbor kid or your mother-in-law has an interest in volunteering, we would greatly appreciate the assistance. All volunteers can run a future race for free. Sign up [HERE](#).

## **Medical Emergencies**

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist.

There is an automated external defibrillator (AED) and first aid kit located on the timing trailer.

## **About the Park**

For those of us who live in Wisconsin, we are lucky to have parks like this. Pike Lake State Park is beautiful with rolling hills and varying terrain. The DNR has done a great job in the park while leaving much of it in its natural beauty.

After the run, consider heading back up Powder Hill and climbing the tower.

Pike Lake also has a large swimming area and lots of grills. You're there so why not bring the family out and make a day of it.

PS if you bring a friend and they volunteer as a course marshal, water stop or help with clean up, you can run for free. Heck they can run for free at another event. Seriously we could use some extra volunteers at this event.

### **National Watermelon Day**

Really, it is national watermelon day. We are giving away a bunch of watermelons. NOT to the winners but to random people at the awards ceremony. There just might be a seed spitting contest involved.

<b>Race Location</b>	<b>Packet Pickup</b>
<b>Location</b> Pike Lake State Park 3544 Kettle Moraine Rd Hartford, WI 53027	Friday August 2nd Performance Running Outfitters 2566 Sun Valley Dr unit e, Delafield, WI 53018 10 am -4 pm  Saturday At the race site 7-8 am
<b>Schedule</b>	<b>Packet Pickup FAQ</b>
7:00 Packet pick up & race day registration 7:45 ish kiddos start 7:45 Race day registration closes 8:00 Half start 8:10 10K start 8:20 5K start	Can I pick up another person's packet? Yes Do I need an ID? No way Can I register at packet pickup? Yep Do you accept cash, checks or credit cards? You betcha

We strongly encourage to pick up your packet prior to race day. The entrance to the park can get delayed and lines become long at packet pickup.

### **SCSE Wants to Save You Money**

At registration checkout, you will be given the option to share to Facebook that you've registered for a super fun event with SCSE! For every 3 people you get to register for the same event using your unique link, you'll get \$10 back from your registration.

On your emailed registration receipt, there will be a registration link that you can forward to your friends to let them know they should join you on your next adventure! For every 3 friends you get to register for the event using your unique email link, you'll get \$10 back on your registration!

More info about [referrals, deferrals and exchanges](#).

## Awards

### Overall Male & Female

A plaque & flowers will be presented the first place male & female.

### Age Groups

Custom medals for first – third place.  
0-14, then 5 year increments up to 90

### Average Joe & Jane Awards

At all Silver Circle Sports Events 5K, we will award the [Average Joe & Jane award](#). The award goes to the male and female that finish exactly in the middle of their division will received receive a super sexy Average Joe / Average Jane shirt and.



## Your Age

Because the race is part of the Wisconsin Trail Assail Series, we use your age as of 12/31/19.

## Timing

The race is chip timed Silver Circle Sports Events with a chip start. Your time will begin when you cross the start line and conclude when you cross the finish line. Please make sure your bib is on the front of your body and visible to our staff.

[Instructions on bib placement.](#)



## Course Info

There is a common start / finish line. Because the race has grown, we are going to chip start the event. Your time starts when you cross the finish line.

### **Course Condition**

The course is in great condition. Please note that you will cross four roads on this race. They will be marked and coned but please use caution.

Pike Lake is the most challenging course in the series. It is very hilly and technical. By technical, we mean watch your footing. There are logs across the path, rocky area, sandy areas, dirt, tree roots, washouts and hills. Did we mention the hills. Please watch your footing when running.

### **Course Marking and Closures**

The entire course will be marked with signs and arrows. ALL of the course will be on trails. Watch for the signs where the 5K, 10K & ½ marathon split. Every place there is a split; it will be marked with a sign.

### **Course distances / maps**

Maps are posted on the [website](#).

## 5K

One lap around the 5K course and you must climb the tower. The distance is close to 3.79 miles.

## 10K

One lap around the 10K course and you must climb the tower. There is an out and back portion near mile 5. The distance is 6.31 miles

## Half Marathon

Two laps around the 10K course and you must climb the tower twice. There is an out and back portion near mile 5 and the turn will be AFTER the 10K turn. The distance is approximately 12.98 miles.

## The Tower

Pike Lake has a four story tower at the highest peak of the park. The view is amazing! When climbing the tower, **STAY TO THE RIGHT**. Faster runners please pass on the left. If you need it, there is a hand rail. Pike Lake is not a PR course so enjoy the view at the top of the tower.

If you are not comfortable climbing the tower, we have an option for you. Wait at the bottom of the tower for 45 seconds and then continue. This is a scouts honor system.

## Aid Stations

Water and sports drink will be available at 2 water stops on the 10K course & 4 times on the ½ course.

## Restrooms

Restrooms are available at registration and near the start line.

## Park Entry Fee

There is a \$5.00 park entry fee or you can purchase an annual pass at any of the park entrances. Please note that the stacking line at Pike Lake entrance is short. Please arrive early or consider carpooling.

## sSocial Media

Last minute updates, photos, videos and results all get posted here first.



## Weather

The event will be held unless severe weather occurs. In the event of severe weather, the race director may delay or cancel the event. Please watch social media for any weather notices.

## Medals

Medals can be picked up at our office the Tuesday following the event.  
2911 N Dousman, Suite 3  
Oconomowoc, WI 53066

They are located in front vestibule that is open 24/7

If you would like it mailed, you can order it to be shipped here

<https://silvercirclesportsevents.com/scse-store>

### Series Scoring

Points are assigned by place position for each age group. Points will be based on a point system (1st place 10 points, 2nd place 9 points, 3rd place 8 points through 10th place). You must participate in 4 of the 6 races to be eligible for the series awards. You can switch between distances (at no cost) but you must run in at least 4 races of the same distance. Please see website for rule details.

### Got questions?

Let us know at [info@silvercirclesportsevents.com](mailto:info@silvercirclesportsevents.com)

### Upcoming events:

<a href="#">Lake Country Triathlon</a>	8/10	Olympic and half iron	Oconomowoc
<a href="#">Run With The Cops</a>	8/16	5K	Waukesha
<a href="#">Park To Peak</a>	8/21	1 Mile Bike / 1 Mile Run	Delafield
<a href="#">Traveling Beer Garden 5K</a> – Greenfield Park	8/22	5K + Free Kiddos Run	Greenfield
<a href="#">Lake Country Challenge</a>	8/30	5K, 10K	Oconomowoc
<a href="#">Lake Country Challenge</a>	8/31	8 mile, half marathon	Oconomowoc
<a href="#">Traveling Beer Garden 5K</a> – Oconomowoc	9/5	5K+ Free Kiddos Run	Oconomowoc



Are you involved with an event and need help with management, equipment rental, timing or marketing? If it is event related, we do it.

Contact us to discuss your event or obtain a quote.