

WTA – Mother's Day  
Saturday, May 7, 2022

This is a cup free race!



CELEBRATING 10 YEARS OF  
TRAIL RUNNING IN WISCONSIN  
COME JOIN THE PARTY!

AT THE

**MOTHER'S DAY RUN/WALK**

Race Day Instructions



Thank you for participating in a Silver Circle Sports Event. We know there are a lot of events in your neck of the woods and we appreciate you attending an event in our neck of the woods.

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## Charity Partner Silver Circle Foundation, Inc 501(c)3

We hope you will consider a [donation](#) to our charity partner. All funds raised through this event will go to troop care packages for the Fourth of July!

[Silver Circle Foundation, Inc 501\(c\)3](#) is dedicated to supporting the needs of our firefighters, police officers, veterans, and troops serving overseas through charitable giving, care packages, and fundraising. They provide personal safety items for firefighters & police officers. They raise money to help support wounded veterans and their families obtain mortgage-free homes and provide care packages for troops serving overseas.



## Volunteers Needed!

If you, your group, the neighbor kid, or your mother-in-law has an interest in volunteering, we would greatly appreciate the assistance! All volunteers can run a future race for free. Sign up [HERE](#).

## Location

### Nashotah Park

W330 N5113 County Road C  
Nashotah Park Area 1  
Nashotah, WI US 53058

## Parking

Parking is available at the park. A \$6.00 county park day pass or an annual pass is required. Both the annual pass and daily pass must be purchased [online BEFORE the event](#). There is NO in person payment available.

Please do NOT park on the street. Park staff will direct you to overflow lots.

## Schedule

### Race Day – Saturday, May 7, 2022

8:00am Packet Pickup  
8:45am Kiddos Race Start  
9:00am Races Start  
12:00pm Course Closes

## Packet Pickup FAQs

Can I pick up another person's packet? **YES**

Do I need an ID? **NO WAY**

Can I register at packet pickup? **YEP!**

Bring your **QR CODE** (it's on your registration email receipt)



## Course Info

The entire course will be marked with signs and arrows. ALL of the courses will be on wide trails. There are NO road crossings, and you will not be on a small side trail. You will never turn without the corner being marked with signs.

5K - 1 lap inside loop - 3.21 miles

10K - 2 laps inside loop - 6.42 miles

Half - 2 laps outside loop, one lap inside loop - 13.03 miles

[Inside course loop map](#) | [Outside course loop map](#)

The inside loop/outside loop split is at mile two. Outside loop runners will go straight and inside loop runners will turn right. The two courses merge again at mile 4.

The split will be marked, but you will need to count your loops. We will have a timing mat on the course tracking laps, but it is the athlete's responsibility to keep track of their individual lap count on course. Most Garmins have a lap feature on them.

ONLY cross the finish line when you are finished. Please do not cross it on each lap.

## Start Line & Finish Line

The start/finish line is in the multi-purpose field south of packet pickup.

## Course Marking

The course will be marked with arrows and cones.

## Aid Stations

**We are cup free at aid stations!** There will be NO cups at aid stations. Please bring a hydration bottle or collapsible cup with you. There is one aid station that you pass twice per lap.

You are also welcome to drop a hydration/nutrition bag on course. We recommend near the aid station, but it's your bag and your choice!

The aid station is located just after mile one.



## Switching Distances

You can change distances prior to the event by letting our registration staff know or you can do it by going to [runsignup.com](http://runsignup.com) > profile > select the race > switch events. If you decide to change distances while running, let our timing staff know when you cross the finish line.

## Restrooms

Restrooms are available at the race Start/Finish. Additional restrooms are available throughout the park and should be open.

As you know, restroom lines are always busy right before a race. We recommend you stop before getting to the park or get there early. There are indoor restrooms and portlets available.

## Awards

Overall male & female.

Top 3 male & female finishers in 5-year age groups will receive a custom age-group medal.

## Miss Your Award?

Medals can be picked up at our office the Tuesday following the event.

2911 N Dousman, Suite 3

Oconomowoc, WI 53066

They are located in front of the northern entrance door in a black bin.

If you would like it mailed, you can order it to be shipped [here](#).

## Timing

The race is chip timed by Silver Circle Sports Events with a chip start. Your time will begin when you cross the start line and conclude when you cross the finish line. Please make sure your bib is on the front of your body and visible to our staff.

[Instructions on bib placement.](#)



## Medical Emergencies

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist. There is an automated external defibrillator (AED) and first aid kit located on the registration trailer.

## Weather

The event will be held unless severe weather occurs. In the event of severe weather, we will make an announcement to seek shelter and clear the area. All staff will also evacuate the area and will not return until the weather clears. We ask that you not return until we have made an all-clear announcement. Weather updates will be posted on Facebook.

## Social Media

Last minute updates, photos, videos, and results all get posted here first:



## Got Questions?

Let us know at [info@silvercirclesportsevents.com](mailto:info@silvercirclesportsevents.com).

## #TeamSCSE

Welcome to #TeamSCSE. The running team with no requirements, no fees, and no forms to fill out. We are a group of people who just like to run. Team SCSE is an all-inclusive running team that prides itself on camaraderie and helping each other achieve running goals. We have a range of runners on the team, from beginners to elites and everything in between. If you're interested in joining the team, [contact us](#).



## Sponsors

The Wisconsin Trail Assail Series is presented by the sponsors listed below. Please help us say thank you to our sponsors by checking out their websites:



## Free Beer Here!

Raised Grain is providing one free beer to everyone. If you look young, bring your ID! You can redeem your free beer by showing us your bib.



## FUTURE WTA RACES!

The Wisconsin Trail Assail series turns 10 this year! For more information about the series or about individual races within the series, click on the image below:



# CELEBRATING 10 YEARS OF TRAIL RUNNING IN WISCONSIN COME JOIN THE PARTY!



## SOME AWESOME SUMMER RACES!

Check out some of these awesome summer races or take a look at our [full race schedule](#) to see everything we are doing – let's just say it's going to be a busy, fun summer!

