# WTA – Mother's Day Sunday, May 12, 2024 This is a cup free race!



# Race Day Instructions



Thank you for participating in a Silver Circle Sports Event. We know there are a lot of events in your neck of the woods and we appreciate you attending an event in our neck of the woods.

#### Contents

Charity Partner Silver Circle Foundation, Inc 501(c)3	)
Volunteers Needed!	)
Location3	)
Nashotah Park3	)
Parking3	)
Schedule3	)
Early Packet Pickup - Friday, May 103	)
Race Day – Sunday, May 124	ļ
Packet Pickup FAQs4	ļ
Course Info	ļ
Start Line & Finish Line5	
Course Marking5	
Aid Stations5	
Switching Distances5	
Restrooms5	,
Awards6	,
Miss Your Award?6	,
Timing	,
Medical Emergencies	,
Weather	,
Social Media7	,
#TeamSCSE	,
Sponsors8	)
Free Beer Here!	)
SOME AWESOME SUMMER RACES!	)
Got Questions?8	)

# Charity Partner Silver Circle Foundation, Inc 501(c)3

We hope you will consider a <u>donation</u> to our charity partner. All funds raised through this event will go to troop care packages for the Fourth of July!

<u>Silver Circle Foundation, Inc 501(c)3</u> is dedicated to supporting the needs of our firefighters, police officers, veterans, and troops serving overseas through charitable giving, care packages, and fundraising. They provide personal safety items for firefighters & police officers. They raise money to help support wounded veterans and their families obtain mortgage-free homes and provide care packages for troops serving overseas.



# Volunteers Needed!

If you, your group, the neighbor kid, or your mother-in-law has an interest in volunteering, we would greatly appreciate the assistance! All volunteers can run a future race for free. Sign up HERE.

#### Location

#### Nashotah Park

W330 N5113 County Road C Nashotah Park Area 1 Nashotah, WI US 53058

# **Parking**

Parking is available at the park. A \$6.00 county park day pass or an annual pass is required. Both the annual pass and daily pass must be purchased <u>online BEFORE the event</u>. There is NO in person payment available.

Please do NOT park on the street. Park staff will direct you to overflow lots.

# Schedule

Early Packet Pickup - Friday, May 10

11:00am - 1:00pm Rogan's Shoes Brookfield 19770 Bluemound Rd. Brookfield, WI 53045 Runners who pick up their bib at Rogan's on Friday will be entered into a raffle to win a \$50 Rogan's Shoes Gift card!!

#### Race Day – Sunday, May 12

8:00am: Packet Pick-Up Opens 8:00am: Half Marathon Early Start 8:45am: 1K Kiddo's Race Starts

9:00am: 5K, 10K, and Half Marathon Start

11:15am: Course closes for final half marathon lap

11:30am: Finish Line Breakdown

12:00pm: Course Closes

#### **Early Start & Course Closures**

As much as we'd love to spend days/nights/weekends at our favorite race sites, our permits only allow us to be on site for a limited amount of time. We are required to close the course to stay within those limits and, unfortunately, participants will not be permitted to continue once the course is closed for the final lap. The course will close for the final lap at 11:15am.

If you are concerned about being able to finish the half marathon in the allotted time, we want to help you achieve your running goals, so we offer an early start for those who need a little more time. Early start half marathoners will receive a chip time, but are not eligible for age group awards or series awards. The course may not be marked, course marshals & police may not be on course, aid stations may not be set, and the course is open to the public. The early start is ONLY for half marathons.

Those that are not participating in the half marathon and start early will not receive an official time and will be disqualified. Additionally, participants who continue after being asked to stop will be disqualified.

#### Packet Pickup FAQs

Can I pick up another person's packet? YES
Do I need an ID? NO WAY
Can I register at packet pickup? YEP!
Bring your QR CODE (it's on your registration email receipt)

Unfortunately, we cannot hold race shirts for those who can't make it to the race – we simply don't have room for boxes and boxes of extra shirts. If you can no longer make the race and still want your shirt, please email us BEFORE the race so we can put it aside. Otherwise, we cannot guarantee we'll have a shirt for you after the race. More info <a href="here">here</a>.

### Course Info

The entire course will be marked with signs and arrows. ALL of the courses will be on wide trails. There are NO road crossings, and you will not be on a small side trail. You will never turn without the corner being marked with signs.

5K - 1 lap inside loop - 3.21 miles 10K - 2 laps inside loop - 6.42 miles Half - 2 laps outside loop, one lap inside loop - 13.03 miles

Inside course loop map | Outside course loop map

The inside loop/outside loop split is at mile two. Outside loop runners will go straight and inside loop runners will turn right. The two courses merge again at mile 4.

The split will be marked, but you will need to count your loops. We will have a timing mat on the course tracking laps, but it is the athlete's responsibility to keep track of their individual lap count on course.

ONLY cross the Finish Line when you are finished. Please do not cross it on each lap.

#### Start Line & Finish Line

The Start/Finish Line is near the volleyball court in Picnic Area 1.

#### Course Marking

The course will be marked with arrows and cones.

#### Aid Stations

We are cup free at aid stations! There will be NO cups at aid stations. Please bring a hydration bottle or collapsible cup with you. There is one aid station that you pass twice per lap.

You are also welcome to drop a hydration/nutrition bag on course. We recommend near the aid station, but it's your bag and your choice!

The aid station is located just after mile one.

#### **Switching Distances**

- Login into RunSignUp.com
- Select your Profile.
- Scroll down to the race you would like to modify.
- Select "Manage Registration".
- All of the race options will be listed on the menu (transfers, change shirt size, modify team, change distances, resend confirmation/QR code & deferrals).

#### Restrooms

Restrooms are available at the race Start/Finish. Additional restrooms are available throughout the park and should be open.

As you know, restroom lines are always busy right before a race. We recommend you stop before getting to the park or get there early. There are indoor restrooms and portlets available.



# **Awards**

#### **Overall Awards**

Overall Male & Female runners for each distance will receive a custom award provided by our partner Ridgeway Woodworks.

#### **Age Group Awards**

Top 3 male & female finishers in 5-year age groups will receive a custom woodle. Age groups are 0-14, then every 5 years.

#### **Finisher Woodles**

All participants will receive a finisher woodle from Ridgeway Woodworks.



#### Miss Your Award?

Medals can be picked up at our office the Wednesday following the event.

1327 Wall Street

Oconomowoc, WI 53066

They are located in front of the entrance door in a black bin.

If you would like it mailed, you can order it to be shipped here.

# **Timing**

The race is chip timed by Silver Circle Sports Events with a chip start. Your time will begin when you cross the start line and conclude when you cross the finish line. Please make sure your bib is on the front of your body and visible to our staff.

#### Instructions on bib placement.

# Medical Emergencies

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist. There is an automated external defibrillator (AED) and first aid kit located on the timing van.

# Weather

The event will be held unless severe weather occurs. In the event of severe weather, we will make an announcement to seek shelter and clear the area. All staff will also evacuate the area and will not return until the weather clears. We ask that you not return until we have made an all-clear announcement. Weather updates will be posted on Facebook.

#### Social Media

Last minute updates, photos, videos, and results all get posted here first:







#### #TeamSCSE

Welcome to #TeamSCSE. The running team with no requirements, no fees, and no forms to fill out. We are a group of people who just like to run. Team SCSE is an all-inclusive running team that prides itself on camaraderie and helping each other achieve running goals. We have a range of runners on the team, from beginners to elites and everything in between. If you're interested in joining the team, contact us.



# **Sponsors**

The Wisconsin Trail Assail Series is presented by the sponsors listed below. Please help us say thank you to our sponsors by checking out their websites:















# Free Beer Here!

Raised Grain is providing one free beer to everyone. If you look young, bring your ID! You can redeem your free beer by showing us your bib.



Take a look at our <u>full race</u> <u>schedule</u> to see everything we are doing – let's just say it's going to be a busy, fun summer!



# Got Questions?

Let us know at info@silvercirclesportsevents.com.



Are you involved with an event and need help with management, equipment rental, timing, or marketing? If it is event related, we do it!

Contact us to discuss your event or obtain a quote.