

# Wisconsin Trail Assail - Father's Day

Saturday, June 20<sup>th</sup>, 2020



## Race Day Instructions

### A Message From Our Race Director

Hey, Runners! Our staff has been working on a social distancing plan for 3 months. It has taken a very long time to convince municipalities we can hold in-person events in a safe manner. While we don't necessarily like some of the requirements, we must follow them to keep people safe and to continue to obtain permits. I ask that you follow them exactly as outlined. We never know who will be there monitoring our plan, but there will be someone. If we don't follow the plan, then future permits could be pulled, and we will be back to virtual running.

Thank you,  
Sean K. Osborne

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**SILVER CIRCLE**  
**SPORTS EVENTS**

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Thank you for participating in a Silver Circle Sports Event. We know there are a lot of events in your neck of the woods and we appreciate you attending an event in our neck of the woods.

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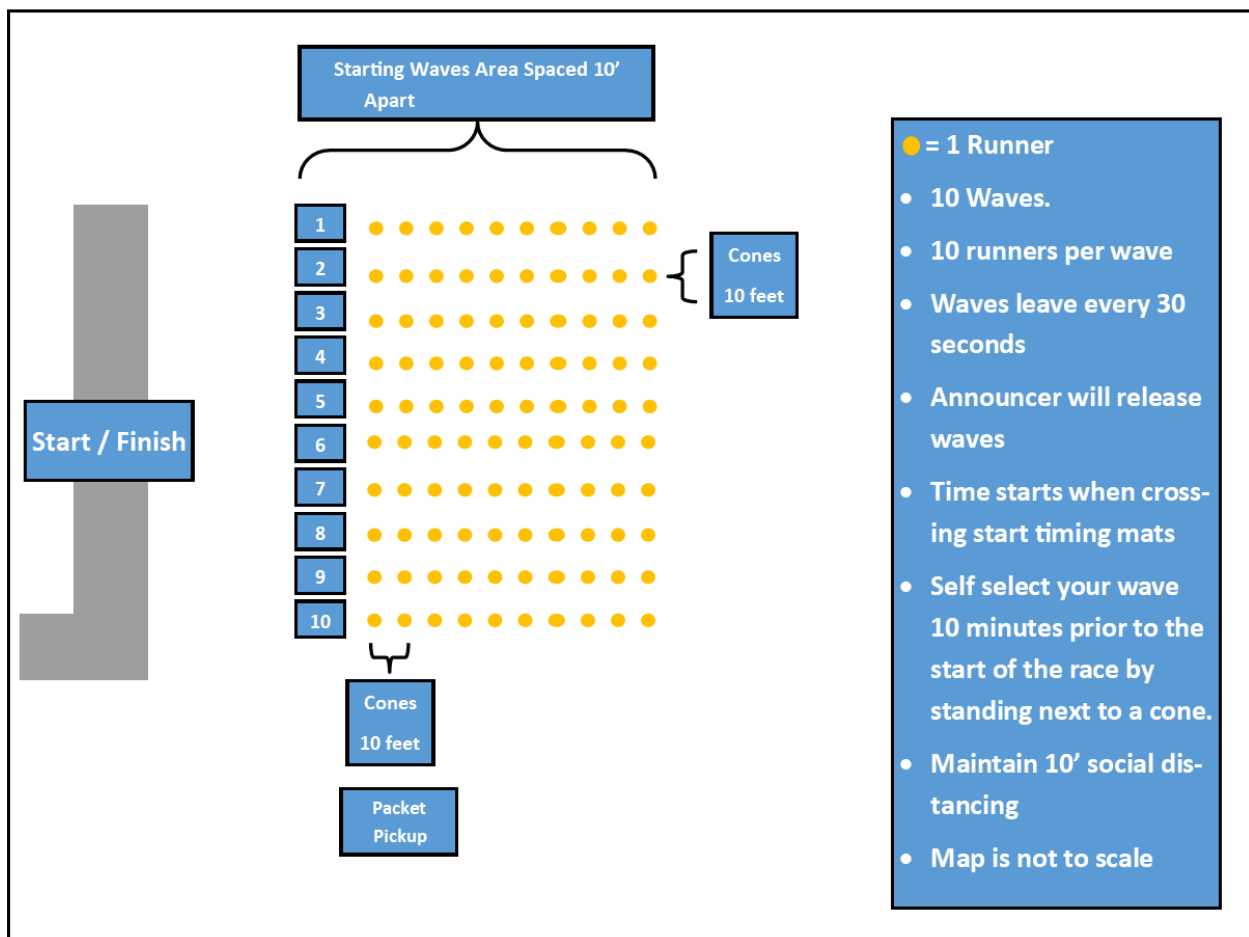
## Social Distancing

At all times, please maintain a 10' social distance from fellow runners.

## Waves

This is a wave start. Waves are comprised of 10 runners. We will have 10 rows of 10 cones, spaced 10' apart. You can self-select which wave you would like to run in by standing next to a cone facing the start line. We suggest faster runners towards the front and request you do not self-select your wave until 10 minutes before the start of the race.

The announcer will release one wave every 30 seconds starting at 7:30am for the 5K and 9:00am for the 10K. The start mat will be adjacent to path and your time will not start until you cross the mat. We encourage each wave of runners to self-distance as they approach the start mats.



## Medical Emergencies

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist. If you have [symptoms of Covid-19](#), please go to the medical tent and self-isolate.

There is an automated external defibrillator (AED) and first aid kit located on the timing trailer.

## Location

### **Menomonee Park**

Picnic Area 2  
W220 N7884 Town Line Rd  
Menomonee Falls, WI 53051

## Packet Pickup

Race Day - Saturday, June 20<sup>th</sup>

### **Menomonee Park**

5K Runners 6:45am-8:00am  
10K Runners 8:30am-9:00am

After packet pickup, please return to your car OR self-distance. The park has plenty of open space!

## Race Day Schedule

### 5K Runners

6:45am-7:30am Packet pickup  
7:15am Self stage  
7:30am First wave starts

### 10K Runners

8:30am-9:00am Packet pickup  
8:45am Self stage  
9:00am First wave starts

## Awards

Sorry, we will not have an awards ceremony. Age group medals can be picked up at our office or we will have them at future races.

## Timing

The race is chip timed by Silver Circle Sports Events with a chip start. Your time will begin when you cross the start line and conclude when you cross the finish line. Please make sure your bib is on the front of your body and visible to our staff.

[Instructions on bib placement.](#)

## Course Info

### Start Line & Finish line

The start/finish line is on the path next to packet pickup and will be marked with start flags. Please do not cross the start line until your wave is released. After crossing the start line, turn right onto the path and follow the arrows.



Once you finish, we ask that you leave the area immediately. Please do not wait at the finish line for someone to finish. We cannot start the second race until the participants from the first race clear the area.

It is a huge park, so please maintain 6' of distance at all times when not running.

### Course Marking

The course will be marked with arrows and cones.

### Aid Stations

There is no water on course or at the finish line. You should bring your own water.

### Restrooms

Restrooms are available at the park and should be open. There are restrooms throughout the park and we recommend stopping at those since they will not be busy.

### Parking

Parking is available at the park.

### Social Media

Last minute updates, photos, videos, and results all get posted here first:



### Weather

The event will be held unless severe weather occurs. In the event of severe weather, the race director may delay or cancel the event. Please watch social media for any weather notices.

### Got questions?

Let us know at [info@silvercirclesportsevents.com](mailto:info@silvercirclesportsevents.com).

### #TeamSCSE

Welcome to #TeamSCSE. The running team with no requirements, no fees, and no forms to fill out. We are a group of people who just like to run. Team SCSE is an all-inclusive running team that prides itself on camaraderie



and helping each other achieve running goals. We have a range of runners on the team, from beginners to elites and everything in between. If you're interested in joining the team, [contact us](#).

## Upcoming Events

June 27th & 28th [Let's Run Wisconsin 5K & 5 mile both days!](#)

July 4th [Independence Day 5K & 10K](#)

July 5th [Freedom 5K & 10K](#)

July 11th [Hill on Earth 4 mile, 8 mile, 16 mile, 24 mile](#)



Are you involved with an event and need help with management, equipment rental, timing, or marketing? If it is event related, we do it.

[Contact us](#) to discuss your event or obtain a quote.