# SILVER CIRCLE SPORTS EVENTS

### www.silvercirclesportsevents.com

HOME EVENTS RACE MANAGEMENT AND TIMING EQUIPMENT RESULTS CONTACT

Thank you for participating in a Silver Circle Sports Event. We know there are a lot of events in your neck of the woods and we appreciate you attending an event in our neck of the woods.



#### **Volunteers Needed - We are super short on volunteers**

If you, your group, the neighbor kid or your mother-in-law has an interest in volunteering, we would greatly appreciate the assistance. All volunteers can run a future race for free. Sign up HERE.

#### Thanks to our race partners





#### **Medical Emergencies**

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist.

There is an automated external defibrillator (AED) and first aid kit located on the timing trailer.

Race Location	Packet Pickup	
Nashotah Park W330n5113 County Rd C Nashotah, WI 53058	Friday May 11 Noon - 5 pm InStep Delafield 615 N Genesee St. Delafield, WI 53018 Saturday	
Schedule	At the race site 7-8 am  Packet Pickup FAQ	
7:00 Packet pick up & race day registration 7:45 ish kiddos start 7:45 Race day registration closes 8:00 Race start 5K, 10K & 1/2 marathon	Can I pick up another person's packet? Yes  Do I need an ID? No way  Can I register at packet pickup? Yep	
	Do you accept cash, checks or credit cards? You betcha	

#### Referrals

For every three registrations, we will refund \$10.00 of your registration fee all the way up to 100%. Two ways to do it.

#### Facebook

At registration checkout, you will be given the option to share your registration on Facebook. If 3 people register from that post, shazam we will refund \$10.

#### Email

On your registration receipt, there will be a registration link. Share that link and we will refund \$10 for every 3 registrations. You can find the registration link by logging into your Run Sign Up account and email the receipt to yourself. The software will keep track of friends registering from your link and Facebook post.

More info about referrals, deferrals and exchanges.

#### **Awards**

#### Overall Male & Female

A plaque & flowers will be presented the first place male & female.

#### Age Groups

Custom medals for first – third place. 0-14, then 5 year increments up to 90

#### Average Joe & Jane Awards

At all Silver Circle Sports Events 5K, we will award the <u>Average Joe</u> & <u>Jane award</u>. The award goes to the male and female that finish exactly in the middle of their division will received receive a super sexy Average Joe / Average Jane shirt, flowers and an free entry into the <u>Average Joe 5K</u>.



Because the run is part of the Wisconsin Trail Assail Series, we use your age as of 12/31/18.

#### **Timing**

The race is chip timed Silver Circle Sports Events with a gun start. Your time starts when the gun goes off and conclude when you cross the finish line. Please make sure you bib is on the front of your body and visible to our staff.

Instructions on bib placement.

#### **Course Info**

#### **Starting line**

The start line is located adjacent to the parking field to the south. Look for the two blue start flags. This is a short and narrow start line so if you are a speedster, make sure you are in the front of the line. Our trail runs are chip timed but we use a gun start in line with cross country tradition. That means your time starts when we say go.

It might be time to mention that the course is hilly. Please be careful on the hills as some of them are on grass and may be slippery from the morning dew. Spikes are permitted.

#### **Course Marking and Closures**

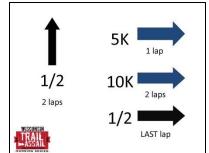
The entire course will be marked with white signs and black or black arrows. ALL of the courses will be on wide trails. There are NO road crossings and you will not be on a small side trail. You will never turn without the corner being marked with signs.

The 5K is one lap on the inside loop.



The 10K is two laps on the inside loop.

The ½ marathon is two laps of the outer course and a one lap of the 5K. The ½ marathon split will be marked but you will need to count your laps. At the split (shortly after 2 miles) the 5K & 10K runners will turn right (inside loop). The ½ marathon will go straight. Shortly after the 4 mile marker the ½ marathon will join the 5K/10K route through the finish/start line.



On the second lap you will do the same as the first. Keep going straight at the 5K/10K turn and follow the arrows on the outside loop. You will join the 5K/10K route again after mile 9 through the start/finish.

The third lap you will turn right at the split and follow the 5K/10K route. Summary -2 laps on the outside course and the final lap on the inside loop.

#### **Finish Line**

You will only cross under the finish line when you are ready to finish. Do not cross it on any of the laps. Only when you are ready to finish.

#### **Switching Distances**

You can change distances prior to the event by letting our registration staff know (they have a form for this). If you decide to change distances while running, let our timing staff know when you cross the finish line.

#### Course Maps

#### Restrooms

Restrooms are available at the registration building, start line and finish line. There are additional bathrooms at all the other picnic areas.

#### **Aid Stations**

There are two aid stations on the 5K/10K course and three on the  $\frac{1}{2}$  course. Water and Nuun will be on all aid stations and the  $\frac{1}{2}$  aid station will have GU.

#### **Parking**

There is a \$5.00 Waukesha County Park fee. Please have \$5.00 ready when you get to the park. There are two lines and they will move very quickly IF you have \$5.00 or a season pass ready.

Parking is available at the Family Picnic Area adjacent to Reserved Picnic Area 1. It is on the south side of the park. This is where registration, check in and finish line are located. There is additional parking a picnic area 2 and along the road. Please do NOT park in the dog walk area or you will be ticketed.

Parking map.

#### **Series Scoring & Teams**

Points are assigned by place position for each age group. Points will be based on a point system (1st place 10 points, 2nd place 9 points, 3rd place 8 points through 10th place). You must participate in 4 of the 7 races to be eligible for the series awards. You can switch between distances (at no cost) but you must run in at least 4 races of the same distance.

Find three friends and create a team as part of the team challenge. It is free and open to everyone. Points are awarded to all teams and the winning team gets a free entry into the Chilly Willy Winter Run Series, a stupidly tall trophy and bragging rights. See website for details.



#### **Social Media**

Last minute updates, photos, videos and results all get posted here first.







#### Weather

The event will be held unless severe weather occurs. In the event of severe weather, the race director may delay or cancel the event. Please watch social media for any weather notices.

#### **Got questions?**

Let us know at info@silvercirclesportsevents.com

#### **Upcoming events:**

Run Like A Mother Milwaukee	5/13	5K + 1 mile kids run	Wauwatosa
<u>Traveling Beer Garden 5K</u> - Greenfield	5/17	5K	Milwaukee
Block Melanoma 5K	5/20	5K	Milwaukee
Operation Finally Home 5K	5/26	5K	Menomonee Falls
Yellow Brick Road 5K	6/2	5K	Oconomowoc
<u>Traveling Beer Garden 5K</u> - Bender Park	6/7	5K	Milwaukee
<u>Traveling Beer Garden 5K</u> – Minooka Park	6/14	5K Trail	

Wisconsin Trail Assail - Father's Day	6/16	5K & 10K	Menomonee Falls
Milwaukee Justice Center 5K	6/21	5K	Milwaukee

## CAMPING, S'MORES, FOOD TRUCKS & BEER! OH....AND THERE IS RUNNING TOO.

Imagine running through transition with music pumping, lights glowing and a thousand of your newest friends cheering you on! Join us June 23-24, 2018 in the Greatest State in America - Wisconsin! Run it competitively or run it as a social run.

Save \$200 on an 8 person team by using the code SMORE200 or \$100 on a 4 person team by using the code SMORE100.





Are you involved with an event and need help with management, equipment rental, timing or marketing? If it is event related, we do it.

Contact us to discuss your event or obtain a quote.