Zachariah's Acres Saturday, October 10, 2020

ZACHARIAH'S Acres

Race Day Instructions

Contents

Covid Screening Questions
Face Coverings
Volunteers Needed – We are super short on volunteers!
Location
Parking5
Schedule5
Race Day - Saturday, October 10, 20205
Packet Pickup FAQs5
Social Distancing5
Waves5
Course Info
Start/Finish Line6
Course Marking6
Restrooms
Aid Stations
Garbage7
Switching Distances7
Awards7
Miss Your Award?7
Timing
Medical Emergencies
Weather8
Social Media8
Referrals, Deferrals, and Exchanges8
Got Questions?

Covid Screening Questions

Be prepared to respond to Covid screening questions at Packet Pickup.

Have you had any or do you currently have any of the following symptoms that you cannot attribute to another health condition?

Answer "Yes" or "No" to each question. Do you have:

- □ Fever or feeling feverish?
- Chills?
- \Box A new cough?
- □ Shortness of breath?
- □ A new sore throat?
- □ New muscle aches?
- □ New headache?
- □ New loss of smell or taste?

If you answered "Yes" to any of the above, you should leave immediately, stay away from other people, and contact your health care provider.

Face Coverings

Based on our current permits, *face coverings are now required at events*. Here is how it works:

Anyone in the "arena" is required to wear a face covering. The arena is defined as anywhere other than on the race course. This includes registration, packet pickup, parking areas, finish line, start line, restrooms, beer line (if applicable), medal line, or anywhere near other people. If you are within 10' of anyone, at any time, a face covering is required.

Once you are on course, face coverings do not need to be worn, provided you are at least 10 feet from another person. At the start, you are spaced 10' from others - we strongly encourage you to keep that distance. If you need to pass, call out "on your left" and move as far left as you can. Once you have passed a runner and you are at least 10' in front of them, move back to the right.

We encourage runners to consider using running buffs while running near others. Buffs are available on our <u>merchandise website</u>.

When you cross the finish line, please move outside of the arena for your cool down. Once your cool down is complete, a face covering is again required.

If we want to keep running in person events together (and we do!), it is imperative that we exceed our permit requirements. Waukesha County is one of the few places in America that is open to in person events. It is up to our running community to prove that we can hold events safely.

Volunteers Needed – We are super short on volunteers!

If you, your group, the neighbor kid, or your mother-in-law has an interest in volunteering, we would greatly appreciate the assistance! All volunteers can run a future race for free. Sign up <u>HERE</u>.



Location

Zachariah's Acres N74 W35911 Servants' Way Oconomowoc, WI US 53066

There is no pre-race course review. Zachariah's Acres is not open to the public. Please do not visit the facility before the event.

Parking

Parking is available on site. If the lot is full, please park on the side of the entrance road.

Schedule

Race Day - Saturday, October 10, 2020

NEW START TIME 8:00am Packet Pickup

9:00am Race Starts

Packet Pickup FAQs

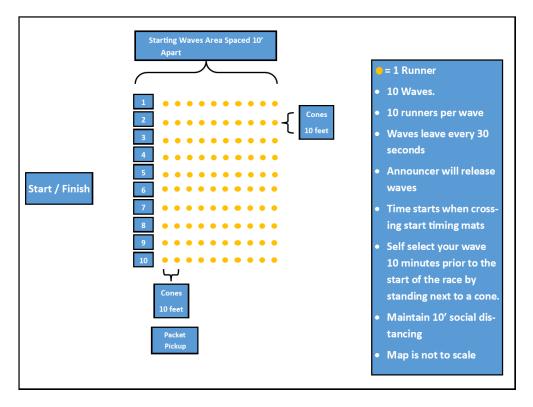
Can I pick up another person's packet? Yes Do I need an ID? No way Can I register at packet pickup? Yep! Bring your QR code (it's on your receipt)

Social Distancing

At all times, please maintain a 10' social distance from fellow runners.

Waves

This is a wave start. Waves are comprised of 10 runners. We will have 10 rows of 10 cones, spaced 10' apart. You can self-select which wave you would like to run in by standing next to a cone facing the start line. We suggest faster runners in the first few rows and request you do not self-select your wave until 10 minutes before the start of the race.



The announcer will release one wave every 30 seconds starting at 9:00am. Your time will not start until you cross the mat. We encourage each wave of runners to self-distance as they approach the start mats.

Course Info

Start/Finish Line

The starting line is located on the east side of the parking lot on the path. Look for the start banners.

The half marathon and 5K share the same course. Please watch for the half marathon split signs. The half is two laps. After the first lap, you will turn right to begin a second lap. **Do not cross the finish line on the first lap**. After the second lap, you will turn left and finish under the finish line truss. There will be a large sign at the split.

The "Loop"

At mile 4 on the half marathon course, runners will turn right and do a small loop through the prairie and pine trees. Once you finish the loop, continue on the course. You will do the small loop on each of the two laps.



Walkers

We ask that you start once the runners have cleared to avoid any collisions. There may be 5K runners finishing as you are starting. Please stay to the left as you start and leave room for the runners to finish on the right.

Course Marking

The entire course will be marked with arrow signs and mile markers.

Restrooms

Restrooms are available at inside the building at packet pickup.

Aid Stations

Because we cannot guarantee a touch-free aid station, there are no aid stations on the course or at the finish line. You should bring your own water.

The bag drop zone is located where the course passes the building on the north side.



Please place your bag in the designated bag drop area before the race and space it 10' from other bags. Both sides of the path can be used. This is a self-placement and self-serve bag drop. We will not be transporting bags on course. Don't worry, there is plenty of time and space for you to self-place your bag before the race.

Garbage

There will be garbage cans on course.

Switching Distances

You can change distances prior to the event by letting our registration staff know or you can do it by going to runsignup.com, profile, select the race, then switch events. If you decide to change distances while running, let our timing staff know when you cross the finish line.

Awards

Sorry, we will not have an awards ceremony. Once we have enough results to determine age group awards, we will make an announcement to let you know how to find out if you've placed. Please have your bib number with or on you so that staff can easily verify your results.

Custom medals for first – third place. 0-14, then 5 year increments up to 90.

Miss Your Award?

Medals can be picked up at our office the Tuesday following the event. 2911 N Dousman, Suite 3 Oconomowoc, WI 53066 They are located in front of the northern entrance door in a black bin. If you would like it mailed, you can order it to be shipped <u>here</u>.

Timing

The race is chip timed by Silver Circle Sports Events with a chip start. Your time will begin when you cross the start line and conclude when you cross the finish line. Please make sure your bib is on the front of your body and visible to our staff.

Instructions on bib placement.

Medical Emergencies

If you see a medical emergency, call 911. If an athlete needs basic medical care, proceed to the nearest aid station and a staff member will assist. If you have <u>symptoms of Covid-19</u>, please go to the medical tent and self-isolate.

There is an automated external defibrillator (AED) and first aid kit located on the timing trailer.

Weather

The event will be held unless severe weather occurs. In the event of severe weather, we will make an announcement to seek shelter and clear the area. All staff will also evacuate the area and will not return until the weather clears. We ask that you not return until we have made an all-clear announcement. Weather updates will be posted on Facebook.

Social Media

Last minute updates, photos, videos, and results all get posted here first:







Referrals, Deferrals, and Exchanges

At registration checkout, you will be given the option to share to Facebook that you've registered for a super fun event with SCSE! For every 3 people you get to register for the same event using your unique link, you'll get \$10 back from your registration.

On your emailed registration receipt, there will be a registration link that you can forward to your friends to let them know they should join you on your next adventure! For every 3 friends you get to register for the event using your unique email link, you'll get \$10 back on your registration!

More info about referrals, deferrals, and exchanges.

Got Questions?

Let us know at info@silvercirclesportsevents.com.





Are you involved with an event and need help with management, equipment rental, timing, or marketing? If it is event related, we do it!

<u>Contact us</u> to discuss your event or obtain a quote.